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Thursday, November 17, 2022

 THEJAMBAR



CORNUCOPIAS OF KNOWLEDGE



Cornucopias are widely used to symbolize Thanksgiving.

Photo courtesy of Pexels.com

Thanksgiving history

By Christopher Gillett
The Jambar

Thanksgiving is Nov. 24 this year and many students and faculty will be home celebrating with family. For many reasons, its popular history is often mythologized, debated or incomplete.

Marcelle Wilson, a history professor at Youngstown State University teaches select problems in European history, which focuses on Colonial American history. She explained the history of Thanksgiving, and why the pilgrims celebrated the first Thanksgiving.

“[The first Thanksgiving] was in December of 1619 and that was actually a celebration to thank God for

the fact that [the Pilgrims] had made a safe journey over to the New World,” Wilson said.

The Pilgrims were Puritans, a denomination of Protestant Christianity originating in England. Puritans believed the Protestant Reformation had not gone far enough in removing the influence of the Roman Catholic Church in Christianity. They saw other Protestant denominations like Anglicanism and Lutheranism as too Catholic.

They played a major role in 1600s English politics and at one point England was governed by a Puri-

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Solar-powered future

By Shianna Gibbons
The Jambar

The Student Government Association is bringing solar-powered benches to Youngstown State University’s campus and they’ll be available in the spring of 2023.

The solar-powered benches were ordered through EnerFusion Inc., an eco-friendly company based in Michigan. EnerFusion has provided solar-powered benches to over 150 places in the U.S. Its goal is to power mobile devices in a clean and reusable way. YSU will be the third location in Ohio to receive solar-powered benches from EnerFusion.

Maguire Franko, the vice president of SGA, said one of SGA’s goals has been to incorporate more green energy and recycling on campus. The solar-powered benches are SGA’s attempt to move toward more green and reusable energy.

“One part of our one initiative that we’ve taken on this year is the implementation of green energy ventures on campus,” Franko said. “The plan right now is to get those seven charging tables with a mix of some non-charging tables. We will expand further onto campus with more solar-powered charging tables soon.”

Nickiforos Mastorides, the president of SGA, said the solar-powered benches idea was started by the previous SGA administration and is now becoming a reality.

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tan dictator, Oliver Cromwell. The more moderate religious and political factions fought against the Puritans, which encouraged many of the Puritans to leave England. First, they went to the Netherlands, but were unsatisfied, so they headed for the Americas

Wilson said when the Puritans celebrated Thanksgiving, they lacked cuisine now associated with Thanksgiving dinner.

“They might have had turkey, but they probably would’ve also had venison and other wild animals that were available,” Wilson said. “It would’ve just been a bounty of simple foods that were available at the time and the pumpkin pie that we really relish today would not have been there.”

According to the Savannah Morning News, the pilgrims also did not wear the famous belt buckle hats at the first Thanksgiving. Much like the Viking horn helmet, the belt buckle hat is a chronological error. The fashion choice did not become prominent until the 1600s.

Another major myth revolves around the Puritan settlers’ interaction with the Indigenous population. The relationship between the Puritan settlers and Native Americans was not very cordial and is historically unlikely many Indigenous

“It would’ve just been a bounty of simple foods that were available at the time and the pumpkin pie that we really relish today would not have been there.”

— Marcelle Wilson,
History Professor

peoples attended the first Thanksgiving.

Two decades after the first Thanksgiving, the Puritan colonies launched a war against the Pequot people, which culminated in the Pilgrims massacring much of the Indigenous population, in what is known as the Mystic Massacre.

There were dissenters to the Puritan leaders who had better relations with the Indigenous people like Roger Williams, who was exiled from the Massachusetts Colony and founded the Rhode Island Colony.

As the narrative built up around the Pilgrims, the 13 Colonies evolved into the United States. George Washington was the first president to commemorate Thanksgiving nationally. Wilson said she believes the mythology around Thanksgiving developed because it kept the country united.








“The truth isn’t very palatable. Also, it’s something that brings the country together and unites us. We want to celebrate and have a positive experience,” Wilson said.

The university will be honoring Thanksgiving in a less traditional form with Friendsgiving on Nov. 17 from 4:30 to 8:30 p.m. in the Chestnut Room at Kilkawley Center. The event will host a food and item drive alongside a full Thanksgiving dinner. Students are encouraged to register on YSU’s website.

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7-DAY WEATHER FORECAST

Thu.	Fri.	Sat.	Sun.	Mon.	Tue.	Wed.
High: 39°F Low: 28°F Chance of precip: 84%	High: 32°F Low: 20°F Chance of precip: 88%	High: 30°F Low: 20°F Chance of precip: 13%	High: 29°F Low: 20°F Chance of precip: 18%	High: 45°F Low: 25°F Chance of precip: 8%	High: 50°F Low: 32°F Chance of precip: 15%	High: 52°F Low: 32°F Chance of precip: 3%
 Snow	 Snow	 Mostly Cloudy	 Mostly Cloudy	 Fair	 Partly Cloudy	 Fair

Information courtesy of accuweather.com



During football games, YSU ROTC leads school spirit activities.

Photo courtesy of YSU ROTC

Beyond the cannon, ROTC leads

By **Gunnhildur Baldursdottir**
Jambar Contributor

Students in the Reserve Officers' Training Corps are hard to miss at Youngstown State University football games.

Most YSU students are familiar with how the ROTC boosts school spirit; with the boom of a cannon and push-ups commencing after each touchdown — but what students may not realize is the amount of training and responsibility behind the push-ups.

Lieutenant Colonel Adrien Humphreys, department chair and professor of military science for the Army ROTC program, said the program's purpose is to develop commissioned officers who will become future military leaders. During their time in ROTC, students must meet the program's requirements of academic excellence, physical training and practice leadership.

Students also need to be medically qualified. Some disqualifications for students interested in the ROTC program include poor eyesight, asthma and peanut allergies.

"Obviously, they have to do a physical fitness test. They have to do a certain amount of hand-release push-ups, a certain amount of deadlift and a two-mile run at the minimum — and all of these are timed events. They have to do it every semester and pass this until they

graduate," Humphreys said.

Ellie Maurice, ROTC member and sophomore marketing major, also holds a squad leader position and is a public affairs officer in the ROTC.

Maurice said completing the Army Combat Fitness Test is rewarding. Students are required to challenge the test twice a year. Leading to the test, students attend physical training five mornings a week.

"[The physical fitness test is] definitely really rewarding when you're done and going on about your day like, wow, I woke up that early, and I did all that, and here I am now doing this [schoolwork]," Maurice said.

Scotty Shaffer, ROTC member and a senior business administration major, said another requirement students must fulfill is Combat Water Survival Training, known as CWST. The training is broken into three events, which students complete partly blindfolded and in full uniform.

"First, you have to jump in with some gear on, and you have to drop the gear in the pool. Next, you must swim 20 meters with a rifle, and you can't let the rifle touch the water. And then the third one, this is the exciting one," Shaffer said. "You get to go up on the first platform [five meters] blindfolded, and you get to step off with a rifle [simulated] above your head without dropping it into the water."

Humphreys said the purpose of the CWST is to con-

front and overcome personal fear and is a permissions requirement in the army. They completed the Army Combat Fitness Test on Nov. 2 and CWST on Nov. 9.

Brandon Greathouse, ROTC member and a senior business major, said that even though being part of ROTC is fun, the time requirements can take a toll.

"The responsibilities do affect your homework and all the other parts of your life, your work-life balance. So, because I wake up early, I have to go to bed earlier, which affects what time I get done with work," Greathouse said.

The ROTC program is open to recruitment, according to Humphreys.

"It doesn't matter what major they have. You could be a science major or you could be a nursing major. This program is open to you," Humphreys said.

Humphreys said the ROTC had seen an increase in membership in the last two years, with 35-40 students participating yearly. Eight seniors graduated from the program last spring, which Humphreys said was the largest class in the last five years.

The graduates then serve as Second Lieutenants in the Army, and some are on active duty in Germany, South Korea, Alaska and Hawaii.

"You can join at any time, preferably during your freshman year, but we'll take you up until your junior year," Humphreys said.

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"The plan began last year with President Nicholas Koupiaris and Vice President Gianna Battaglia. We wanted to make sure that we were able to hopefully complete that, and with the help of President Tressel [and] the [YSU] Foundation, we are able to have these ordered," Mastorides said.

The YSU Foundation assisted SGA with the initial purchase for the solar-powered benches. Paul McFadden, the president of the YSU Foundation, said the generosity of Daniel H. Becker's donation to YSU made this possible.

"It was more of a happenstance that [Becker] is supporting the fountain commons and so many of these ta-

bles are going to the fountain. So, he is allowing a part of his gift to fund the tables," McFadden said.

Mastorides said SGA is looking for more potential donors to expand these green-energy benches.

"We have a list of about 30 spots on campus where we hopefully plan on putting them in the future, but these are going to be donation-based," Mastorides said. "[It's] best to start with the fountain so other donors can see this project, what this initiative is doing for campus and then incentivize people to donate. Our next two spots we want to focus on are Heritage Park [and] the dorms on campus."

Mastorides said SGA will be hosting days where students can donate old technology to be recycled. Another initiative it's looking at is supporting students and the Penguin Pantry on campus.

"SGA has been pushing for recyclable technology. Those days, students can bring in old technology, and we have bins set up where they can donate," Mastorides said. "Eventually, we're trying to push for a garden here shortly. We're hoping we can make a community garden or partner with an organization within the community. So we could hopefully sustain our pantry in the future."

Franko said SGA is interested in pursuing different avenues for eco-friendly transportation access on campus.

"[SGA] has been in talks with the owners of YoGo Bike Share, which is an eco-friendly micro-mobility program that's expanding in Youngstown starting in March 2023," Franko said. "There's been no set-in-stone discussions yet, but we have talked with them about potentially expanding onto campus."

YSU's SGA swipes out hunger

By Samantha Smith
The Jambar

Youngstown State University's Student Government Association held a series of events in collaboration with Swipe Out Hunger, Nov. 7, 9 and 10.

Swipe Out Hunger is a nonprofit organization originally formed in 2010. The organization was created to spread awareness about food insecurity.

Nick Peskor, a junior majoring in mechanical engineering and vice president of assessment and enrichment for SGA, explained what event was held each day.

"The Board of Professionals [Panel] is Monday, Nov. 7, that is in the Rossi room. Then, the Hunger Simulation is Wednesday, Nov. 9, that will be in the Chestnut room. The dodgeball tournament is the next day, Nov. 10, that's a Thursday and that will be right in the [Andrews Student Recreation and Wellness Center]," Peskor said.

Nickiforos Mastorides, a first-year graduate student majoring in criminal justice and president of SGA, said the emphasis of the program is to inspire students to donate leftover meal swipes they have not used throughout the week.

"A lot of the emphasis for the program is encouraging students to donate their meal swipes, who have meal plans here, that they wouldn't normally use by the end of the week. So, any students who are hungry or if they can't afford a meal plan, all those donated swipes go to those students in need. This year [SGA] is putting a large emphasis on donating a lot of our goods to the Penguin Pantry," Mastorides said.

This was the second annual Swipe Out Hunger Week. The Board of Professionals panel included speakers such as the Dean of Students, Nicole Kent-Strollo; the Vice President of Meals on Wheels, David Scott; Rescue Mission of the Mahoning County's CEO, John Muck-

ridge III and President Jim Tressel.

Following the Board of Professionals Panel, the Hunger Simulation showed students the food situations people in different incomes face, including meal sizes and experiences.

Finally, the last event was the dodgeball tournament. Peskor said this was to help boost donations on the final day of Swipe Out Hunger Week. SGA sent out an email to all students with links to register and attend each event.

Peskor said it is important to show students the amount of people who experience food insecurity.

"The most important thing to emphasize is just how many people are actually hungry in the area and the food insecurity is a huge, huge problem in Youngstown. Because it is a problem in Youngstown, it's also affecting quite a few students at YSU and so we just want to promote the [Penguin] Pantry usage," Peskor said. "These two weeks are the biggest donation drive weeks that we have pretty much all year to give to the pantry."

For more information about Swipe Out Hunger, visit its website. For more information about the Student Government Association, visit its website.



SGA hosted Swipe Out Hunger Week.

Photo by Samantha Smith / The Jambar



YSU for Recovery holds meetings in the Pollock Room of Kilcawley Center on Tuesdays.

Photo by Molly Burke / The Jambar

Serving struggling students at YSU

By Molly Burke
The Jambar

Over the last decade, Campus Recreation and Student Counseling Services have worked together to form YSU for Recovery.

Mason Edmunds, Youngstown State University community liaison, said YSU for Recovery is a safe space for those seeking help with issues such as addiction or mental illness.

“It’s a far-reaching problem, so the group is really there to be a safe space for students to find somewhat of a community amongst their peers and to know that they’re not alone in the struggle they’re facing,” Edmunds said.

Edmunds said YSU for Recovery can refer students to counselors on campus for mental health treatment.

“Mental health is a big part of it. Student Counseling Services have been backing YSU for Recovery for a long time,” Edmunds said. “Sometimes, if a student is struggling I will just refer them to one of our counselors here.”

YSU for Recovery can also make referrals to programs outside of campus. Edmunds said he often refers stu-

dents to Meridian Healthcare.

“I work for Meridian Healthcare, which is a local healthcare agency that deals with all sorts of substance abuse issues — detox, medically assisted treatment, whatever somebody might need. Meridian Healthcare has great youth programs for people who are a bit younger,” Edmunds said. “I will refer them to someone down there if I feel that [Meridian Healthcare] can offer help that is best suited to that student.”

Ryan McNicholas, the director of Campus Recreation said YSU for Recovery is an evolving program.

“When COVID happened, a lot of the shift went from the addiction and recovery side of things to the mental health, depression and anxiety side of things of those needs of students,” McNicholas said.

McNicholas said the need for YSU for Recovery is greater than ever before.

“Students, more now than ever, have higher stress levels because of classes, work, home life you name it. We’re seeing that from our testing, our results, our surveys and things of that nature. I think students need those resources more than ever to help with their collegiate career,” McNicholas said.

Despite the program mostly helping students,

McNicholas said its resources are available to everyone.

“I hope [YSU for Recovery] is recognized as a resource for all students, faculty and staff to be able to say, ‘If I need help, I can go to YSU for Recovery as a sounding board and a place to start,’” McNicholas said. “I also hope that YSU for Recovery serves as a catalyst to help destigmatize mental health needs.”

For those who are apprehensive about seeking help at YSU for Recovery, McNicholas said it serves to make everyone feel comfortable.

“We want to make sure that everyone feels comfortable. Everything is anonymous and no one is recording any information. It is just somewhere they can feel safe and just be able to get the help they need,” McNicholas said.

Mason Edmunds holds YSU for Recovery drop-by meetings every Tuesday from 1:30 to 2:30 p.m. in the Pollock Room of Kilcawley Center. The meetings are open to anyone.

Students with any questions can email Mason Edmunds at mgedmunds-guest@ysu.edu for more information.

Meet the BCLASSE organizations

By Shianna Gibbons
The Jambar

The Beeghly College of Liberal Arts, Social Sciences, & Education hosted its first student organization fair, Thursday, Nov. 10.

The Dean's Dozen hosted the event to inform BCLASSE students about the different student organizations offered on campus. The event was held in the DeBartolo Atrium from 11 a.m. to 1 p.m. and hosted organizations specific to BCLASSE majors and other student organizations.

Rosie Nolder, the Dean's Dozen event chair, said the Dean's Dozen was excited to organize the first student organization fair.

"This is something new that we're starting after discussing how to get more BCLASSE students involved on campus. So we just started it this year, but we're hoping to make it an annual event," Nolder said. "We noticed that [many] students didn't know about the clubs we had on campus."

The organization hosted clubs such as YSUnity, the history club, the anthropology colloquium and the various honors societies held on campus. Emily Swift, a senior majoring in anthropology, was a

representative for the anthropology colloquium.

"We're trying to get more people into the colloquium, and [the] anthropology program has a lot to offer. [Anthropology] can be applied to a multitude of different studies and fields and [is an] interesting subject to learn about in general," Swift said.

Swift said the colloquium has various events during its meetings for anyone interested in anthropology.

"We do a combination of things. We try to balance between educational but also fun interactive events. We've recently had a dig party with those little [shovels,] and a lot of it relates back to anthropology," Swift said. "Near Halloween, we had a craft night where we made skeletons out of paper plates."

Rayvin Gorrell, YSUnity president, said YSUnity was also at the student organization fair to promote their club.

"[We want students to know] that we're the LGBTQ club on campus and we want to make people feel safe and welcome and represented on campus and that we're here to help them out," Gorrell said.

The next student organization fair will be the first week on campus for the spring semester of 2023.

Where college becomes home

By Shianna Gibbons
The Jambar

Youngstown State University held a housing fair for students to learn about the on and off-campus housing options.

The event was held, Tuesday, Nov. 8 in Kilcawley Center. Pizza, shirts and snacks were offered to students who stopped at the various tables. Campus Lofts, dorm residences, Flats at Wick Apartments, University Courtyards, University Edge, and more tabled the event.

Karlee Furman, the leasing manager at Campus Lofts and a sophomore in the nursing program, said she was there to promote the Lofts and its unique amenities.

"We are one of the newest apartment buildings on campus, and we offer a bunch of unique units," Furman said. "We have a nice security system. We have a nice common area and study lounges. We have lofted units which are different than some other apartment buildings."

Furman often said students who live in

the dorms come to the housing fair tables and previews for apartments.

"We do have some residents that come visit us, but a lot of the time, they're from the dorms and are looking to move into an apartment," Furman said. "When we have preview days, different from housing fairs, we have a lot of incoming freshmen."

Dylan Kuhn, the leasing manager of the University Edge apartments, said his goal is to get students to sign up for an apartment tour.

"We want people to come check out our property and hopefully have fun," Kuhn said. "[The Edge] has parking spots and we're all-inclusive there with many different floor plans to choose from. You can have as many roommates as you want or be by yourself."

For a full list of housing options on campus or to apply for housing, visit YSU's housing website. Students can also plan in-person or virtual tours for select housing locations online.

"We are one of the newest apartment buildings on campus, and we offer a bunch of unique units."

— Karlee Furman,

Leasing Manager at Campus Lofts and a sophomore in the nursing program



Photo by Elizabeth Coss / The Jambar

Curious to see
how men's
basketball played?
See page 14 for
more information.

Taking charge: Board meets ahead of December

By Elizabeth Coss
The Jambar

Members of Youngstown State University's board of trustees called a special meeting Nov. 10 in accordance with the Ohio Revised Code, ahead of its scheduled meeting in December, to propose two resolutions.

Every five years, the board of trustees at every public higher education institution are required to evaluate courses and programs based on enrollment numbers and duplication with other nearby universities.

According to Jambar archives, the "Taking Charge of our Future" initiative goes back to 2019 and highlights areas of reevaluation for the university. Provost Brien Smith and Vice President of Institutional Effectiveness Mike Sherman presented the strategic plans and progress made.

The declining enrollment slope the university is facing was met by an increase of graduation rates and retention. Sherman said he saw this as a positive move forward.

"You may recall that we've looked at a graph that had the matrix approach to it, with quadrants that showed over a 10 year period our tuition stayed relatively low or constant, but our graduation rate went up," Sherman said. "We went up 10% when the overall state graduation rates went up by 7% ... retention rates, fall [semester] to fall went up 5% for the state and 7% for Youngstown State University."

Sherman also said that despite an increase in graduation rates, enrollment numbers still affect revenue and university income.

"As our enrollment goes, so does our resources," Sherman said. "Over a period of time, we've seen a 27% decrease in enrollment, a \$10 million drop in revenue, and that means we have to continue to look at recent costs and gaining efficiencies."

The resolution regarding low-enrolled courses and low-enrolled duplicative academic programs evaluation passed despite one trustee, Sergul Erzurum, abstaining from voting.

The resolution opened the door to the possibility of sunseting programs and reducing amounts of low-enrolled courses. John R. Jakubek, chair of the board of trustees, spoke to the board about what the resolutions' passing could mean for students, faculty and staff.

"I think there's been some misunderstanding in the past that if we sunset something it's effective immediately," Jakubek said. "It is through these regular reviews that faculty, department chairs, deans and other academic leaders are able to respond to the current and future challenges and opportunities facing YSU and all higher education."

The resolution was accompanied several days later by an email from the Office of the Provost to the university Nov. 15. Provost Smith stated that the university's decisions will have a varied response, but should not be feared.

"We must emphasize that the potential number of programs and students impacted is very minimal. It's also important for you to know that YSU is committed to ensuring that any such student will be held harmless," Smith stated.

The board of trustees also approved a resolution to amend its bylaws, allowing for a standing committee to be created for the Division of Workforce Education and Innovation.

The meeting acted as the proposal's first official reading. President Jim Tressel said

agenda setting would begin after its second reading, with its first report occurring in the March trustee meeting.

"In the last meeting we created a division ... and as that division has grown in the number of initiatives and so forth, in discussions about making sure we have the proper oversight, the proper interaction and awareness of our board, that we felt as if that we would like to propose to create a standing committee of the board for that oversight," Tressel said.

Tressel also said the committee's creation is a reaction to expansion within the division, such as project collaborations with other universities, including the Purdue Data Mine, and the recent announcement of the Foxconn partnership.

The next board of trustees meeting is scheduled for Dec. 9 in Tod Hall at 10 a.m. following the Dec. 8 individual committee meetings.



Continuing cuts? Board of trustees calls special meeting before December decisions.

Photo by Elizabeth Coss / The Jambar

BRINGING MUSIC TO LIFE



Michael Butler conducts YSU Wind Ensemble and high school students.

Photo by Jessica Stamp / The Jambar

Flowing lyrical melodies with Honors Band

By Jessica Stamp
The Jambar

Echoing into Stambaugh Auditorium on Nov. 13, the Youngstown State University Wind Ensemble and local high school student musicians performed composer Michael Markowski's music in the Side-By-Side Honors Band concert.

Fifty YSU students and 40 high school students got the chance to work with a professional composer, and learn what it is like to collaborate with these artists.

"It's always a great opportunity that we as musicians get a chance to interact with living composers," Michael Butler, director of bands, said. "Any chance you get to interact with them and get their feedback and their perspective about their music. It just really opens up a whole new world and allows us to really get into their mindset more about their craft."

Butler said these events are important for recruiting high school students to YSU while also being beneficial for YSU and high school students in a learning aspect.

"Students can look forward to the interaction with this composer and kind of hearing about the way he approaches composing and just his whole thought process

... because every composer does it in a different way," Butler said.

Butler said one of Markowski's pieces is a slow, lyrical piece which is another learning moment for students.

"It just has this beautiful flowing melody, and any chance that musicians get to play melodies like that is always helpful for them to be able to work on their overall phrasing," Butler said.

Butler said a musician's goal is always to get to people's hearts with their music.

Markowski is a New York composer and has known Butler for a number of years, even working with him a few times on music projects. Markowski said he was excited when Butler reached out to team up again for a YSU concert.

Markowski also said seeing his music live and in person always excited him because it's no longer something that is simply inside his head but comes to life.

"As a composer, we live so much in our heads, in isolation at our homes," Markowski said. "This is where the music literally gets to come alive and I know that might sound cheesy but this is the fun part of my job. This is where we get to shape things and really create some really musical moments with the musicians that a

computer just can't really provide us."

Kate Ferguson, director of athletic bands, conducted musicians on stage and met Markowski a handful of times before and admired his music. Ferguson said she enjoyed working with Markowski and having him interact with the students.

"[To] have an opportunity to work with the students on the pieces and hear what his intentions were exactly because it's always up to us as the director and conductor to interpret that," Ferguson said.

Ferguson said this Honors Band concert was different from other past concerts because YSU students and high school students played side-by-side instead of separate groups.

"Often Honors Band experiences are all high school students together just on their own and this has been an awesome experience for them because they actually get to sit next to our YSU students," Ferguson said.

Ferguson said it was nice to have everybody involved in the concert, from the band performing on the balcony to the students playing on the stage.

Head over to the Dana School of Music's Facebook page to see what other performances are coming up.

Putting pals at Penguin City

By Henry Shorr
Jambar Contributor

Youngstown Disc Golf Club's Winter Putting League kicked off at Penguin City Brewing Co. on Nov. 3, offering an entryway into the sport for new players and a way to keep people's skills fresh throughout the cold season.

Winter putting league, held informally at first, has become more popular throughout the Youngstown disc golf community over the past few years. Luke Shelton, owner of Pure Flight Disc Golf, said he assumed responsibility for keeping the community engaged through the "offseason."

"Not everyone likes to go out and play disc golf in the snow and in the crappy weather. So, to keep us playing and to keep us, you know, keep us together ... we've come up with [a] winter indoor putting league," Shelton said.

Unlike golf with a ball — where a player's putter stays in their hand while hitting a ball toward a hole — disc golf putting requires a player to throw the putter itself at a basket which has metal chains that slow the disc.

The putting league layout resembles a practice green at a golf course, with multiple holes laid out across the green.

The YDGC moved to Penguin City this year after seeing the space the brewery offered. The Pollock Ballroom, according to Penguin City's website, can hold up to 300 people and has plenty of room to throw a disc, let alone putt with one.

"We were just having a drink and I was looking around, and they have so much space," Shelton said. "They had probably eight to 10 cornhole boards set up ... Immediately, I thought, 'This is going to be a great spot for winter putting league.'"

Aspasia Lyras-Bernacki, co-owner of Penguin City, said she's excited to host the league.

"I'm excited about it. [Shelton] came to me a couple of months ago with this idea, you know, just kind of saying, 'We would like to continue the league, it's only in the summer,'" Lyras-Bernacki said. "I love the idea that we're getting a lot of activities in the winter because I think that's perfect for here."

Lyras-Bernacki also said while Penguin City is best known for its beer, it also has many non-alcoholic op-

tions — including alcohol-free craft beer.

Colin McDonald, a sophomore mechanical engineering major at Youngstown State University, said he enjoys the competitive aspect while being able to improve his putt.

"I definitely like some of the little things we do there ... We would go and get points based on how many shots we made," McDonald said. "I kind of like that little bit of a competition but also learning how to play."

McDonald also said it's an excellent winter hobby for YSU students, especially those interested in the sport but don't know where to get started.

"If you're bored and living in a dorm on campus, why not come out ... Learn how to play some disc golf," McDonald said. "It teaches you how to putt so you would learn what fits you best. So, like, different ways of how to throw your putt. So it basically teaches you what you like about your putt."

The YDGC Winter Putting League takes place every Thursday from November through February at 7 p.m. Entry costs \$5. For more information, contact Shelton at pureflightdiscgolf.com.



Youngstown Disc Golf Club's Winter Putting League offers a way to stay active during the cold season.

Photo by Henry Shorr / Jambar Contributor

Black Student Union engages community

By Molly Burke
The Jambar

The Black Student Union was founded in 2013 with the mission to help, develop and guide Black and African students, all while providing a sense of community on campus.

Brittany Bailey, a junior general studies and business major, is on the elective board of the BSU. She said the BSU is a place where Black students can initiate conversations about what needs to be done for Black students at Youngstown State University.

"It's there as a place where Black students can come together and see what we can do to help each other and thrive at YSU," Bailey said.

Social work graduate student Donquail Mims is the liaison and chair for the BSU. Mims said everyone is welcome to join the BSU, but it ultimately is a space for Black voices.

"It's good to be around those students of color and understand where they're coming from. Just being around the atmosphere, learning the history and just being culturally competent is a good reason to join the Black Student Union," Mims said.

Business administration major and BSU Secretary, Samantha Dodson, said she joined the organization

"Out of everything that I got involved with, this is the one thing I stuck to because it made me feel welcome. My ideas were shared and they were pulled through. I felt like I was heard

— Samantha Dodson,
BSU Secretary

because she wanted to find a place to connect with others.

"Back when I was a freshman, I felt like I didn't belong anywhere because I am a first-generation college student in my family. So, I wanted to make sure I joined somewhere and paid attention to my academics as well," Dodson said. "Out of everything that I got involved with, this is the one thing I stuck to because it made me feel welcome. My ideas were shared and they were pulled through. I felt like I was heard."

David Hughley III, a senior accounting major, is the acting president for the BSU and said the organization has grown since he joined his freshman year, with it now having over a dozen members.

"I've watched the organization evolve. There's definitely been substantial growth from the time I was here as a first year and now as a graduating senior," Hughley said.

Hughley said the BSU often collaborates with other organizations on campus such as the African Student Union, Caribbean Student Union and the Office of Diversity, Equity, and Inclusion.

"We definitely reach out to other organizations. We want to work with everyone to make sure we have a presence on campus and that we make the campus a better overall university community," Hughley said.

Rose Williams, a senior graphic design major and BSU historian, said the organization holds many events to engage with students.

"We just had a paint and snack recently. There was also a nonviolence parade that we participated in. I wasn't there unfortunately, but I heard it went very well," Williams said. "There is always a formal, which will be coming up next semester. A lot of people go out for that. Especially if you like to dress up, it's definitely an event to go to."

For those interested, the Black Student Union holds its meetings every other Wednesday at 5 p.m. in the Pollock room of Kilcawley Center. More information can be found on the Black Student Union website.



The BSU holds meetings in the Pollock Room of Kilcawley Center every other Wednesday.

Photo by Molly Burke / The Jambar

Thanksgiving Word Search

THE JAMBAR POLICY

Since being founded by Burke Lyden in 1931, The Jambar has won nine Associated Press Collegiate Press honors. The Jambar is published weekly in the spring and fall semesters. The Jambar is free for YSU students and faculty.

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The editorial board consists of the editor-in-chief, managing editor, news editor, sports editor, arts and entertainment editor and head copy editor. These opinion pieces are written separately from news articles and do not reflect the opinions of any individual staff member. The Jambar’s business manager, multimedia journalists and non-writing staff do not contribute to editorials, and the adviser does not have final approval.

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The Jambar encourages letters to the editor. Submissions are welcome at thejambar@gmail.com. Letters should concern a campus issue, must be typed and must not exceed 400 words. Submissions must include the writer’s name and telephone number for verification, along with the writer’s city of residence for publication. The Jambar does not withhold the names of guest commentators. Letters are subject to editing for spelling, grammar and clarity. Letters will not be rejected based on the views expressed in them. The editorial board reserves the right to reject commentaries and letters if they are not relevant to our readers, seek free publicity, fail to defend opinion with facts from reliable sources or if the editorial staff has decided that the subject has been sufficiently aired. The editorial board will request a rewrite from the submitted writer based on these requirements. The Jambar will not print letters that are libelous, threatening, obscene or indecent. The views and opinions expressed in letters and commentaries on the opinion page do not necessarily reflect those of The Jambar staff. Editorials do not necessarily reflect the opinions of the faculty, staff or administration of YSU.



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The Jambar Column

From pageant to punching bags

When I was little, I wasn't like the other girls. I refused to paint my nails, style my hair and I never played with dolls.

As I reached my preteens, I desired to be more like other girls so I started doing my hair and makeup all of the time. This was a phase that lasted a long time. Eventually, I found myself wanting to get my nails done and even started to like clothes shopping, which I had previously despised.

During this phase, I picked up some other interests. At age 13, I enrolled in the National American Miss Pageant and became a state finalist.

The preparation took months, but when the pageant finally came, I was full of excitement. The pageant took place in Columbus, Ohio during the summer and lasted three days. Each day, a different event took place.

The first day, we were interviewed by judges, which was the easiest part. The judges asked simple questions about ourselves, such as "what are your favorite activities?" For this event, I was required to wear makeup and a professional skirt suit.

The second day consisted of the introduction and catwalk, where we had to walk onstage, introduce and say something about ourselves and then leave the stage. This made me nervous because it was my first time performing in front of anyone onstage by myself. I was required to wear a dress and makeup for this event.

Despite being nervous, I felt proud afterwards because I had stepped out of my comfort zone.

On the final day of the pageant, we performed a dance that was choreographed for us on stage and held a farewell party so that all of the other girls and I could say our goodbyes.

I felt sad on the last day because I had made so many friends there, but I knew I wouldn't be coming back the following year because I wanted to try something different.

After finishing the pageant, I started



Hailey Rogenski

looking into where I could get involved with acting. It was something I had always wanted to do.

Eventually, I enrolled in acting and modeling classes at Pro-Model and Talent Management. I loved the classes so much that I ended up taking advanced acting classes after graduating my first set of classes. Unfortunately, I couldn't attend the acting competition because my parents didn't have the money and at the time, I wasn't old enough to work.

Although I never went any further than attending classes and never did a pageant again, they were the greatest things I have participated in. Both the acting classes and the pageant helped boost my self-esteem, improve my public speaking and expand my communication skills.

When I was 15, my mom's friend introduced me to boxing, something unlike anything I had ever tried before. He knew a boxing instructor and got me involved in classes.

At first, I had no reason to do boxing, I just wanted to be involved in something. I was never one for school sports, so I wanted to try something unique. I never wanted to compete with it, instead I wanted to do it for self-defense purposes.

The adrenaline and excitement I felt from hitting a punching bag was exhilarating. It allowed me to be myself and helped me evolve from who I was trying to be: everyone else but myself.

All of these activities I was involved in helped shape who I am today. I love fighting sports, but also like doing my hair and wearing makeup. This is who I am and I'm proud of it.

So be yourself, even when you're going through a phase because sometimes those phases help shape who we are, even if we don't understand them.

The Jambar Editorial

Election takeaways

Tuesday, Nov. 8, another Election Day came and went. A few days after all the ballots were cast, we finally got the senatorial results for all the states while there are still some congressional races to be called.

One of the biggest takeaways has been how well the Democrats — the incumbent party — have done. According to an article from CNN, this is the best an incumbent party has done in 20 years, and among one of the best turnouts for an incumbent party in the last century.

The Democrats are expected to keep the Senate and to lose the house by a small number, which is very uncommon for the party which had control of the legislative and executive branches.

A fair deal of credit for this goes to young voters, who voted for Democrats by a wide margin. Eighteen to 29 year-olds voted for Democrats over Republicans by a 28-point margin, along with the second-highest turnout for the age group in the past 30 years, according to an article from NPR.

There were still some close races like the Nevada senatorial race, the Arizona gubernatorial race and the Georgia senatorial race, which will go to a runoff election like it did in 2020.

The Arizona race for governor is no-

table not only for how close it was, but because Republican candidate Kari Lake came out with claims of a rigged election. Lake narrowly lost to Katie Hobbs, the Democratic candidate — after which Lake claimed the election was rigged.

Calling an election rigged is becoming more common in the Republican party, ever since former President Donald Trump infamously declared the 2020 election "stolen". The former president has gained support from many other hopeful GOP candidates since then, who also claim the 2020 election was stolen.

Despite Lake's loss, there are still a number of election-deniers who were elected. The house is projected to have 156 GOP members who questioned the results of the 2020 election, as well as nine senators who claimed foul play for the election, according to a CBS article.

It's important to remember how these ideas and claims can affect the country. Denying the results of these elections and trying to prevent the peaceful transfer of power — like what happened Jan. 6 — is fundamentally anti-American.

No matter who wins, it is our duty as Americans to uphold the true results of the election, whether we like who won or not, as we've done since our country's inception.

Quote of the Week

"But when the days of golden dreams had perished, And even Despair was powerless to destroy, Then did I learn how existence could be cherished, Strengthened, and fed without the aid of joy."

— Emily Bronte

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Women Retirees of YSU to Offer Scholarship

The scholarship committee of the Women Retirees of Youngstown State University is accepting applications through March 1, 2023.

The scholarship is awarded to a full-time, junior female student who maintains a minimum 3.0 GPA. The recipient must be a U.S. citizen and be enrolled in a degree-seeking program.

Information about the scholarship is available at www.ysu.edu/financialaid/scholarships. Application forms may be printed from the website or picked up at the Office of Financial Aid and Scholarships located on the second floor of Meshel Hall at YSU.

News Brief

Students travel to D.C

One hundred students of Youngstown State University are traveling to Washington D.C. on Nov. 20 to visit the United States Holocaust Memorial Museum.

The trip only cost students \$20 and all were welcomed. Led by Coordinator of International Student Services Nicholas DuBos and Adjunct Professor Jeff McClain, students will see the capital and pay homage to those lost during the Holocaust.

Availability for this year's trip was sold out within two hours according to McClain but a waiting list has been created. The trip will be offered again next year.

Buses will leave at 4:30 a.m. from the M70 Lot and return the following day at midnight. Check out the Dec. 1 edition of The Jambar for a full story on the trip.



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Oakland loss sets playoff berth

By Kathryn Rogers-Vadala
The Jambar

The Youngstown State University volleyball team earned its first playoff berth in the Horizon League Volleyball Championship since 2014 following a historic regular season. For the first time in program history, Youngstown State collected eight conference wins with five coming from road matches.

An Oakland University loss to Indiana University-Purdue University Fort Wayne on Nov. 11 clinched Youngstown State the sixth and final seed in the conference championship. This season also brings head coach Aline Scott's first playoff appearance while at Youngstown State.

The Penguins returned to Beeghly Center to finish off their regular season, first against Northern Kentucky University on Nov. 11 and Wright State University on Nov. 12.

Despite the swept defeat to Northern Kentucky, more records were broken by sophomore outside hitter Paula

Gursching, as she became the fastest Penguin to reach 1000 career kills. She posted a team-high 14 kills to achieve the feat and currently holds the second-place position in Division I in total kills this season with 562.

Senior setter Josi Borum was shy of her 11th triple-double as she marked 10 kills, 15 assists and nine digs in the contest. Senior libero Isidora Sisic contributed a team-high 13 digs, as well as three aces.

The Norse shut down the Penguins at the net as they accumulated 13 blocks compared to Youngstown State's six and earned eight more kills.

Scott said the team could not stop Northern Kentucky's strong offensive and defensive presence.

"They're really great blockers, and I think they were able to hold our attackers today to lower numbers than we're used to, so between their blocking and their offensive power, there was not much we could do," Scott said.

Youngstown State closed out its regular season on senior day, Nov. 12, against the number one team in the Horizon League, the Wright State Raiders, falling

in straight sets.

Senior outside hitters Ellie Cox and Amanda Lebioda tied a team-high three kills against the Raiders, while sophomore setter Isabel Shaefbauer notched 19 assists. At the net, five of the team's six blocks came from Cox and senior middle blockers Aimee Beaupre and Nadia Pace.

Youngstown State finished its regular season at 14-15, with a program-best 8-10 Horizon League record.

Shaefbauer discussed the regular season and what the team has done to give itself a chance in the conference tournament.

"We did a really good job of regrouping for the second half of conference play. I think we really showed who we are as a team and what we're capable of, just the fight that we have and the competitiveness," Shaefbauer said.

The team will begin postseason play Nov. 18 as it travels to Dayton, Ohio to face the third-seeded University of Wisconsin-Green Bay. The match begins at 3 p.m. and can be watched live on ESPN+.

Men's basketball is the 'New Edition'

By Cameron Stubbs & John
Ostapowicz
The Jambar

The Youngstown State University men's basketball team opened up its season versus Canisius College on Nov. 7 with a 92-81 win.

This was the eighth meeting versus the Golden Griffins as the Penguins won last year's matchup, 71-43, in Youngstown.

Four Penguins finished in double figures as the Penguins shot a remarkable 70.6% from the field to score 58 points in the first half.

The rebound game was also won by the Penguins in the first half as they out-rebounded the Golden Griffins 24 to 10 and finished the game with a 48 to 26 rebounding advantage.

Graduate student Malek Green had 19 points in the first half for the Penguins and finished with a 21-point, 12-rebound double-double against his former team.

Senior Brandon Rush scored 10 points in the first half and finished with 16 total, shooting four-for-five from 3-point

range, while graduate student Adrian Nelson also finished with 16 points and seven rebounds.

Senior Dwayne Cohill was the last Penguin in double figures as he finished with 15 points along with six rebounds and three assists.

The home opener was next as the Penguins took on the University of Tennessee at Martin in Beeghly Center on Nov. 9.

The 90-72 win was led by Cohill as he posted 19 points along with five assists. Green, Rush and Nelson all scored in double figures as well.

The defensive effort for the team relied heavily on Nelson and Green giving the teams' problems down the stretch.

"Everything starts on the defense and if we buy into that, we can be a real problem," Nelson said.

Rounding out the top scorers was freshman John Lovelace Jr. who, in just his second collegiate game, scored a career-high 10 points.

Lovelace's performance over the first week of the season earned him Horizon League Men's Basketball Freshman of

the Week honors. This has not been accomplished by a Penguin freshman since the 2018-19 season.

Lovelace Jr. has played in four games with the Penguins and is averaging 7.5 points per game.

"He's one of the best athletes, if not the best athlete on the team, he incorporates himself with hard work," Calhoun said.

The men's basketball team then traveled to South Bend, Indiana to take on the University of Notre Dame at Purcell Pavilion on Nov. 13.

The hard-fought matchup ended with the Fighting Irish defeating the Penguins 88-81 as graduate student Adrian Nelson recorded his second double-double of the season to help rally the Penguins to a second half comeback, but came up short.

His dominant performance included a career-high 27 points as well as 10 rebounds.

The Penguins traveled back home to Beeghly Center on Nov. 15 to take on Grace Christian University in the first ever meeting between the two teams. Youngstown State bested the Tigers, 96-

68, to get back into the winning column.

For the men's basketball team, four players reached double figures in scoring, as well as all 14 players getting in the scoring column. One of those players is sophomore walk-on Tommy Fryda.

"Tommy joined us late, a great kid and comes to practice everyday and just got on the team and that's what type of team we have as everyone is pulling for one another," Calhoun said.

With the win, the Penguins continue to stay undefeated at home with a 2-0 record and stand 3-1 overall.

The victory over the Tigers also notches the 199th career win in Calhoun's resume. He is in his sixth season as the Penguins' head coach and is the only coach in program history to lead the Penguins to multiple postseason bids.

The men's basketball team will have a tough schedule ahead as it heads to the University of California, San Diego, on Nov. 19, as well as the United States Naval Academy on Nov. 20 in Annapolis, Maryland. To watch these games, check out ESPN+ or listen on 570 WKBN.

McLaughlin breaks NCAA record

By Kyle Wills
The Jambar

After extending its winning streak to four games Nov. 5 against Illinois State University, the Youngstown State University football team fell late to Missouri State University on Nov. 12.

Following the end of the team's win streak, the men fell to 6-4 overall and 4-3 in conference play.

In the 25-22 loss, senior Jaleel McLaughlin became the NCAA all-time career rushing yards record holder. He rushed for 227 yards on 28 carries, marking the fourth time this season rushing for at least 200 yards, and scored a touchdown. His yardage puts him at 8,082 for his career, surpassing the University of Mount Union's Nate Kmic (2005-08) who finished his career with 8,074 yards.

McLaughlin said the offense wanted to make a record a goal for, not only himself, but also the team.

"It's definitely something that's great. My offensive line, those guys talked

about that day in and day out, wanting to get that for the team, wanting to get that for me," McLaughlin said. "It was a bittersweet moment because I was able to get that record, but we weren't able to pull away with the win. At the end of the day, you got to look at it as a blessing."

For the first time this season, junior Mitch Davidson failed to complete 50% of his passes, completing 11-of-23 of his throws. He also threw for under 200 yards for a second-straight game, passing for 117 yards.

It was a slow first half for both teams as the Penguins trailed the Bears 7-6 following two field goals from senior Colt McFadden and a five-yard touchdown run by Missouri State.

Youngstown State opened the second half with a methodical seven-play, 75-yard drive, capped with a two-yard Davidson scoring rush, that gave it a 13-7 lead. After a personal foul penalty on the kickoff gave Missouri State the ball on YSU's 35-yard line, the Bears reclaimed the lead after a rush for a touchdown on

the drive's opening play.

The Penguins entered the fourth quarter with the lead, 16-14, after a McFadden field goal before the end of the third. However, the Bears went up by one following a kick of their own. Their lead didn't last long as McLaughlin broke free for a 65-yard rush on the next offensive drive to make the score 22-17.

After allowing the score, Missouri State was forced to start its drive on its 8-yard line. However, the team drove 92 yards down field and ended in the end-zone after 13 plays to take a 25-22 lead where the score remained final.

The football team will play its final game of the regular season Nov. 19 when it returns to Stambaugh Stadium to face off against the University of Southern Illinois at noon. Head coach Doug Phillips said the team was able to overcome its slow start to give them a chance at playoffs.

"Our ultimate goal is to make the playoffs. When you start the season 2-3, every game is critical. Now we get to No-

vember, this is what you work for. When we're in the offseason, this is what we've dreamt about," Phillips said. "Probably 80% of the teams in America on Saturday aren't playing for much and we have the opportunity to play for something very important."

The game can be listened to on 570 WKBN or watched on ESPN3.

"It was a bittersweet moment because I was able to get that record, but we weren't able to pull away with the win."

— Jaleel McLaughlin,
senior running back

Historic women's soccer season ends

By John Ostapowicz
The Jambar

The Youngstown State University women's soccer team defeated the No. 2 ranked Purdue University Fort Wayne, 1-0, in Milwaukee, Wisconsin at Engelmann Stadium Nov. 3. With the win, the team secured a spot in the Horizon League Women's Soccer Championship for the first time in program history.

The Penguins accomplished this feat with a perfectly placed kick in the top-right corner of the goal by senior Abrian Rondin to secure the victory. Junior Brooklynn Kirkpatrick also recorded eight saves and a shutout.

Youngstown State stayed at Engelmann Stadium to face the No. 1 ranked University of Wisconsin-Milwaukee on Nov. 5. The women's soccer team put up a strong, contested match, but ultimately fell to the Panthers, 1-0.

In their previous match, the Penguins tied with Milwaukee, 1-1, Sept. 26.

Although the Penguins couldn't get past the Panthers, Milwaukee head coach Kevin Boyd credited Youngstown State and the coaching staff with the

way they played against his team in an interview with mkepanthers.com.

"They were the five seed and came in on a run. They beat the four seed, they beat the two seed, and they took us to the wire," Boyd said.

With the conclusion of the season, the women's soccer team acquired numerous accolades which include: the first Horizon League Tournament appearance since 2014, and the first semifinals and finals appearance in program history.

The record breaking continued as junior Brooklynn Kirkpatrick set the Youngstown State single-season and career shutout record with eight and 10.

Kirkpatrick continued her standout season by recording nine victories this season, as well as moving into third all-time as a goalie at Youngstown State with 11 career victories.

For the rest of the team, freshman Taylor Berry and Rondin were each named to Horizon League All-Team honors.

Berry had a solid freshman year and was named to the Horizon League All-Freshman Team after tallying 22 shots and scoring two goals along with an assist

for five points. For Rondin, she had a standout senior year, leading the team with 46 shots, three goals and two assists and being named All-Horizon League Second Team.

Academically, the women's soccer team shined with graduate student Jordan Evans and junior Justine Apollonia being named to the Horizon League Women's Soccer's Honorable Mention All-Academic Team on Oct. 25.

The women's soccer team had a slow start to the season, as it went 2-6-2. After Sept. 25, the Penguins turned it around by going 7-2-1 to end strong, earning their shot at a Horizon League title.

"I think what kept us pushing was our internal belief, and we've been through it all, throughout these last four years," Rondin said.

In that span, the women's soccer team also set a program record with five Horizon League wins. The previous record was three set back in 2012.

As of Nov. 14, nine incoming freshmen have signed National Intent Letters, with potentially 10 seniors leaving at the end of the year. The slew of players will help bolster the team heading into the 2023 season.

Women's basketball slays

By Kyle Wills
The Jambar

After 237 days, the Youngstown State University women's basketball team returned to the court to tip off its 2022-23 season, taking on Wofford College and Penn State University.

The Penguins defeated Wofford 81-72 and never trailed in the game, scoring in the first 14 seconds and maintaining the lead the entire contest.

Four of the five starters for Youngstown State scored in double figures with fifth-year senior Lilly Ritz leading the way with a 20-20 performance of 27 points and 20 rebounds. The aggressive defense by Wofford allowed Ritz to score 11 points from the free-throw line, being fouled 11 times out of the 46 total called.

Ritz said she wanted to come into the season being more physical and spent the offseason working on her placement on the court.

"I've tried to get a lot stronger. I've really tried to work on my positioning. Coach Chelsie [Butler] does a really good job correcting me when I'm not doing very good at practice and when my positioning isn't right, so just getting in my position and being able to go up strong," Ritz said.

Senior Paige Shy was second on the team with 16 points, shooting five-of-eight from the field and three-of-six from 3-point range. She also led the team with four assists and added four rebounds.

Junior Malia Magestro and sixth-year senior Megan Callahan were the other players in double figures, finishing with 12 and 11 points, respectively.

All three of the Penguins' transfer students played valuable minutes with senior Shay-Lee Kirby leading the way, scoring four points and snagging three rebounds in 18 minutes. Fellow seniors Dena Jarrells and Emily Saunders also played well, with Jarrells scoring five

points in 13 minutes and Saunders scoring six points, along with blocking two shots.

Shy said the team has additional depth on the bench from a season ago and her teammates stepped up when the team was in foul trouble.

"Our bench is so deep this year. They did a great job being locked in from the bench, and when they got called to go in, did a great job. There was no fall off, nothing. They really stepped up too and picked up when someone got a foul," Shy said.

The Penguins had a strong defense in the first half, holding the Terriers to 24 points on 20.7% shooting. After making 43.2% from the field after two quarters, the women entered halftime with a 37-24 lead.

Both teams were evenly matched in the third quarter and went into the fourth with the score 59-48, but Wofford managed to claw back in the last period to make the score 73-72 with just under two minutes left. Youngstown State scored their final eight points off free throws where the score ended 81-72.

Head coach John Barnes said the team came out slow to start the second half, struggling to maintain possession.

"I felt pretty good about our disposition and [execution], for the most part. I just think the part right after halftime was the biggest part where I felt like we had a little bit of a panic. We let one turnover go to two, go to three, go to four-out-of-five possessions and that cost us a double-digit lead and I hope we can learn from that," Barnes said.

Despite the rough second half, Barnes said the key part of the team's execution was defense.

"Down the stretch, we did a really good job defensively. [Wofford called] a timeout to advance it, [we] boxed out and got the rebound, and that's how we finished it off," Barnes said.

The women took a week off before

taking on a Big Ten opponent in Penn State on the road Nov. 15, losing to the Nittany Lions 77-63.

Shy had another great performance offensively, scoring 19 points on 7-of-13 shooting and 5-for-9 from behind the 3-point arc. Ritz followed behind with 12 points, being 6-of-8 from the field, and recorded six rebounds and four steals, defensively.

Both teams struggled offensively at the start with Penguins edging the Nittany Lions to 13-12 after the first quarter. However, they picked it up in the second with Penn State outscoring the Penguins 21-19 in the second to take the lead into halftime.



After going on a 9-2 run to start the third, Youngstown State allowed Penn State to go on a 21-9 run after committing four turnovers to end the quarter. The Nittany Lions sealed the game in the fourth after forcing the Penguins to turn the ball over eight times to outscore them 21-13 in the period.

The women's basketball team will look to get back in the winning column Nov. 18 as it travels to the University of Akron to battle the Zips at 7 p.m. The game can be listened to on 570 WKBN or watched on ESPN3.