

#JAMBAR



HAZMAT, FIRE OFFICIALS CALLED TO WARD BEECHER FOLLOWING AIR COMPRESSOR MALFUNCTION

Photo by *J. Harvard Feldhouse/The Jambar*

JAMBAR STAFF REPORT

Sirens and fire officials surrounded Ward Beecher Hall at Youngstown State University early Tuesday morning after a custodian found a room filled with smoke.

The university community received a Penguin Alert at 6:46 a.m. that stated the building was closed while the Youngstown Fire Department investigated an alarm.

Classes in Ward Beecher Hall were canceled shortly after requesting the student

body, and staff to stay clear of the area.

Ron Cole, director of university communications, said although the fire alarm went off, there was no fire.

There are chemicals for lab and research purposes in Ward Beecher, and Cole said “out of an abundance of caution [the fire officials called] decided to call the hazmat squad to go in and determine what, if anything, is going on in the building.”

“Whenever there’s an incident of any sort that may happen in [Ward Beecher], the fire

department and public safety officials always use extreme caution,” he said.

Stephen Szekely, chief of the Mahoning County Hazmat Team, said the team was called because the alarms went off in the chemical storage room.

“Our responsibility was to go in and see what was going on and see if there were any chemicals that were involved,” he said.

The team determined there was no chemical leak.

The university released a statement that

said an air compressor in the basement of Ward Beecher Hall malfunctioned.

The malfunction caused “smoke to infiltrate the building.”

“It spit out a lot of oil, caused a lot of smoke that then just came up through the building,” Cole said.

It was then ventilated from Ward Beecher.

Cole said he is unsure if this was the first incident of its kind in the building.

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A LOOK INTO YSU STUDENT GOVERNMENT

Justin Shaughnessy, executive vice president of the Youngstown State University Student Government Association, and Caroline Smith, president of SGA. Photo Courtesy of Caroline Smith.

RACHEL GOBEP

The Youngstown State University Student Government Association gives students a platform to make real changes at the university, according to SGA's president.

Caroline Smith, president of SGA, said the association hopes to take ideas from the student body and transform them into plans for the remainder of the academic year.

According to Smith, student government is one of the best ways to engage students at YSU.

"I want [the student body] to know that student government is not just for student government representatives," she said. "Any person at any time can walk into our office and ask us for something or tell us something or give us an idea. We are constantly open to the student body. That's our job. Our job is to serve them."

SGA held its first legislative body meeting of the semester on Monday where it passed changes to the governing documents and bylaws to rearrange the structure of the association.

There are four committees in student government: student life, academic affairs, assessment and enrichment and financial affairs.

SGA plans to alter the structure to meet the needs of the students.

"We want to eliminate one of those, which is academic affairs, and replace it with a public relations committee to address the needs of students on campus," Smith said.

She said the transition can help SGA correspond with students.

"I think what we often find in student government is, we have great events, we have awesome freebies for students and we appropriate to student organizations, but it's really hard to get into direct contact with students in a way that makes sense and is meaningful to them," Smith said.

She said SGA could promote itself on social media through the use of a public affairs committee.

"We want to make sure that we're constantly updating our social media. That we're always sending out emails to the

student body, and just getting as close to them as we possibly can," Smith said.

Justin Shaughnessy, executive vice president of SGA, said this is a way to promote transparency through student government.

"We're trying to introduce a vice president for public relations that would work within student government but also within our student organizations on campus and get the word out about different events and different things that we're doing," he said.

SGA updated its website to have a "Share Your Voice" section, allowing students to electronically submit concerns, questions or ideas to student government.

Shaughnessy said this can be done anonymously and the association is always open to new ideas.

Visit SGA's website at sga.ysu.edu to "Share Your Voice," discover student discounts and find out how to join a student organization.

THE HUB INTRODUCES GRILLED CHEESE RESTAURANT: MELT LAB

ALYSSA WESTON

Melt Lab, a counter service restaurant specializing in gourmet grilled cheese sandwiches, opened in Youngstown State University's Kilcawley Center at the start of the fall semester.

The restaurant is in The Hub and it replaced Tú Taco.

Melt Lab features eight sandwich options, from cheesy caprese and ham and Swiss to sweet-tooth satisfying PB&J and berry Nutella. The menu also features a vegan option.

In addition, customers can order four sides, such as tortellini salad and homemade potato chips, along with a cup or bowl of tomato soup.

Extras like bacon and cheese are also available for an additional cost.

All sandwiches come with a pickle spear and a 2-ounce sample of tomato soup, and they are listed with specific breads and cheeses. Customers are able to choose their bread and cheese upon request.

Tom Totterdale, food service director for Chartwells Higher Education Dining Services, said he expects Melt Lab will be

successful.

"We are always looking to keep things fresh and new. This location gives us the ability to change the concepts up and try new things," he said.

According to Totterdale, when choosing new dining concepts, Chartwells always considers dietary needs and restrictions, which is why it opted for a vegan option on Melt Lab's menu.

Although Melt Lab doesn't currently feature a "create your own" grilled cheese option, Totterdale said it's a consideration for the future, as well as adding weekly specials to the menu.

Brynna Snyder, a sophomore business major, said she thinks Chartwells made the right decision transitioning from the Tú Taco to Melt Lab.

"I think it tastes a lot better [than Tú Taco]," she said. "I like how they have the menu. I think [Melt Lab] would be better if they had a build-your-own sandwich option."

Even though Snyder enjoyed her sandwich from Melt Lab, she was disappointed in the serving size.

"For paying \$6 for a sandwich, the sandwiches are really small," she said.

Snyder suggests Melt Lab should include a side with the sandwich.

Connor Hurst, a sophomore biology major, said he liked the caprese grilled cheese he ordered.

"[The sandwiches] are small, but they taste good," he said.

Hurst said he applauds Melt Lab for having a vegan option on the menu and catering to different dietary needs, but he suggested vegan customers specify that the bread, butter and cheese are also vegan before ordering.

Snyder also praised the vegan option and said multiple people in her classes have mentioned they were vegan.

"I think it's a good option for [vegan students and staff] to have," she said.

Snyder said Chartwells should consider gluten-free options and other dietary needs for Melt Lab's menu in the future.

Melt Lab is open 10:30 a.m. through 3 p.m. Monday-Friday.

WALK YOUNGSTOWN CAMPAIGN DEVELOPS THROUGHOUT THE CITY AND CAMPUS LIFE

Men walk down the street in downtown Youngstown. The Walk Youngstown Campaign drives the initiative of walking to and from local attractions. Photos by **Heather Newsome/The Jambar**

MADISON NALBACH

With the growth and expansion of downtown Youngstown and Youngstown State University's campus, Walk Youngstown signs were created and posted throughout the area to encourage people to walk and experience the sites of the city.

The Walk Youngstown Campaign drives the initiative of walking to and from local attractions instead of driving and creating more traffic.

Signs are hung on street poles throughout YSU's campus, downtown Youngstown and the north side of Youngstown, informing pedestrians how far nearby attractions are.

The Walk Youngstown signs help direct community members and YSU students to nearby stores, entertainment venues, parks and recreational sites, museums and banks.

Lisa Resnick, founder of the Walk Youngstown Campaign, is a Youngstown native and noticed the lack of pedestrian traffic in the area.

Resnick said she sought a way to bring life to the community and make the people a part of it.

"After discovering walkyourcity.org, I conducted more research and thought of different ways this will be beneficial for the Youngstown community," she said. "Especially with having a college campus in the city, it seemed like the perfect idea for the area."

Sarah Lowry, director of the Community Foundation of the Mahoning Valley's Healthy Community Partnership, said the signs are a nice way for residents and students to become more active and connect with others.

"It's good for people to get out and to experience the community," she said. "Find places they might not have known before and connect with other people on the street."

According to Lowry, people can experience other aspects of the area when they walk to and from destinations.

"You see a better connection between the north side of the city, the university and downtown and even moving out into the different neighborhoods," she said.

Cherish Kelsh, a sophomore hospitality management major, said she has become more aware of her surroundings with the new signs and it's a different way to find new places.

"I think people will be more aware of what is in downtown Youngstown because I didn't know everything Youngstown had to offer and how much there is to do and see," Kelsh said.

Other cities, such as Detroit, have created signs for the community to showcase different locations and how many minutes it would take to walk to them.

"I would love to see Warren implement this, Canfield, Poland, Austintown and Boardman. I would love to see it locally expand and grow to the tri-counties that we have over here," Resnick said.

She said the campaign may implement "Walking Wednesdays," where people from the Youngstown area meet at different locations one Wednesday a month and walk to various attractions across the city.

According to Resnick, this could make people realize they can walk to a location in a shorter time than it would take to find parking in the city.





MAAG LIBRARY COLLABORATES WITH YSU ORGANIZATIONS TO DEVELOP FAMILY STUDY ROOM

Youngstown State University has introduced a family study room on the lower level of Maag Library. Photo by **Amanda Joerndt/The Jambar**

AMANDA JOERNDT

Students with young children at Youngstown State University now have a place to study while entertaining their children through the development of Maag Library's family study room, which features a variety of toys and books.

With support from the Student Government Association and the Division of Student Experience, Maag Library installed a family study room on the lower level to accommodate students that commute to campus with their kids.

About two years ago, a strategic investment fund was awarded to SGA to create a grocery store on campus, which is now the Giant Eagle delivery system.

With leftover funds from the investment plan, SGA's former president, Ernie Barkett, started to develop an idea to create a family study room on campus.

Caroline Smith, current SGA president and a graduate student in the English department, said students on campus today are different from students on campus 20 years ago.

"The idea that a student comes to class and goes home is not existent at this point," she said. "We see students with children on

campus all the time, and I think it was about time that we accommodate them and became more inclusive and respectful to the students with children."

Smith said she hopes the development of the family study room helps include more diverse individuals who are taking part in on-campus activity.

"I hope this marks a way for the university to set more goals about inclusivity and diversity on campus," she said. "This might just be one space where we decided to include students who have children and make this more accessible to them, but this is just one piece to a larger puzzle."

Alyssa Granitto, a graduate student in the counseling program, attended the ribbon-cutting ceremony with her 2-month-old infant.

Granitto said she plans to take advantage of the study room when she has to commute to campus with her infant.

"I'm a new parent, so it's pretty exciting for us to be able to have somewhere to go," she said. "It's awesome because there's no place on campus like this."

According to Granitto, she feels more motivated to complete her master's degree program knowing there's a safe space to study with her child.

"I think this is a great opportunity for future

moms and current moms," she said. "I think this will be a big hit on campus, and I know I'll definitely be able to utilize this in my time here for the master's program."

Smith said she contacted other departments and organizations on campus to turn the idea into a reality.

"We contacted Ana [Torres] and Christine [Adams] at Maag Library, and we talked with Eddie Howard and we all came together to choose the best possible space to engage with students who have children on campus," she said. "It would be about a year in total for this space to be secured, funded and furnished."

Adams, co-director and head of research and academic support at Maag, worked closely with the two organizations to install a safe, comfortable study space for students with children.

She said conversation among other librarians to install a family study room was already in the works.

"SGA approached us about this idea, and it was actually something that Torres, co-director and head of library services and operations, and I had talked about on and off for a while," she said. "It definitely meets a need on campus because there are a lot of students who have children, and they now can bring them to the library."

Adams said the room is filled with toys and books for the children, along with a computer and new furniture for students to use while studying.

"We think it turned out really great, and there are a lot of nice new furniture in here along with a nice children's area," she said. "Right now, we have one computer available for students to use, but we plan on adding more to the area."

Next to the family study room is a lactation room for student mothers to have a safe environment to cater to their young children.

"The lactation room has been here for a couple of years, and we heard from other departments a while ago that there were mothers looking for a room like this," Adams said. "We put together a room ... with a nice rocking chair, and it's real peaceful for mothers to have privacy and not be bothered."

According to Adams, they hope that students and children benefit from the room and in return share their experience with the library.

"We're going to market and promote it and really hope the students know it's here," she said. "We hope they let us know how useful it really is for them in the future."

TRUST THE SYSTEM: YOUNGSTOWN INDUSTRIAL ENGINEERS AND PROFESSOR FEATURED IN VIDEO FOR ACCOMPLISHMENTS

KELCEY NORRIS

The Youngstown Business Incubator hosted a screening of a video, “Rethinking Manufacturing,” produced by the National Institute of Standards and Technologies, which acknowledges the efforts of two Youngstown State University graduates and a professor.

“Rethinking Manufacturing” was filmed in Youngstown, and the subjects discuss the manufacturing history of the city and the future of the industry.

YSU graduates Ashley Totin and Zac Divencenzo, as well as their mentor and professor Martin Cala, were featured in the film.

Divencenzo said the NIST wanted to create a video that exhibits the growth of Youngstown.

“Fifteen to 20 years ago, this area experienced a huge shift,” he said. “We were once known as the epicenter of steel manufacturing, but after the closing of the mills many thought that manufacturing would go elsewhere.”

While steel had stimulated the economy of Youngstown and all seemed lost, engineers like Totin and Divencenzo saw opportunity in additive manufacturing.

Additive manufacturing, commonly known as 3D printing, is one of the many emerging

technologies being introduced around the globe.

Divencenzo said his career led him to create his own company, Juggernaut 3D, from the basement of YSU.

“I got lucky and had the chance to work with new equipment in the basement and basically fostered a company out of the basement with my business partner Dan Fernback,” Divencenzo, president and co-founder of Juggernaut 3D, said.

With a mission to revolutionize current 3D printing equipment and techniques in additive manufacturing, the business partners decided to stay close to home.

“The ‘Rethinking Manufacturing’ video uses my story and Ashley’s story to show that we wanted to be involved in Youngstown,” Divencenzo said. “We knew that manufacturing didn’t have to go anywhere else. Additive manufacturing was interesting and should be thought about.”

Divencenzo said Juggernaut 3D made the decision to make additive manufacturing more than what it was.

“We were so happy to have the support of America Makes and the Youngstown Business Incubator,” he said.

America Makes is one of the nation’s top

research centers for additive manufacturing, and one of its four locations is on West Boardman Street in Youngstown.

“[The NIST] chose America Makes because we are the flagship institute. It was also because of the story of Youngstown and how bringing additive manufacturing has really affected Youngstown,” Totin, project manager at America Makes, said.

With businesses launching from within the city, such as Juggernaut 3D, and others coming from California and international locations to bring their technology to Youngstown, the city is booming with potential.

“In 2012, America Makes and Youngstown State University increased research opportunities. Now, the Youngstown Business Incubator gives the opportunity to startups and new businesses,” Totin said. “An entire ecosystem is developing in Youngstown and seems to be bringing people back into the area.”

During her early years of education, Totin took an interest in math instinctively but did not find the dirtiness of industrial factories appealing. However, as products changed quickly, so did work conditions.

“Now, going into this new advanced technology, this new age of manufacturing, it is a very clean facility manufacturing 3D printers

quickly and selling them,” Totin said. “It’s cleaner, it’s economical and it’s cost-effective.”

Totin has dedicated her time and experience to America Makes and educating the younger generations on additive manufacturing and new, emerging technology.

Cala, associate professor of industrial and systems engineering at YSU, said he remembers introducing Totin to manufacturing plants during her collegiate experience.

“She probably thought that meant an extra paper, but I had her put steel-toe covers over her shoes and she went right into a manufacturing plant,” Cala said.

Both graduates credit Cala, also featured in the “Rethinking Manufacturing” video, as their greatest mentor and guide through their academic and personal lives.

Cala recalled his first time meeting Divencenzo.

“When I met Zac, he was working underneath one of my rusty cars in his grandfather’s shop and I asked him what he was going to school for,” Cala said. “He told me he was going to be a doctor, and I said, ‘No, you’re going to be an engineer.’”

The “Rethinking Manufacturing” video can be found on YouTube at <https://youtu.be/ao50qkNZsI>.

THE SMALL BUSINESS DEVELOPMENT CENTER GAINS NATIONAL RECOGNITION

BROOKE ZUCCO

The Ohio Small Business Development Center connected through the Williamson College of Business Administration at Youngstown State University won a National Excellence and Innovation Award in May to honor the work of staff and students involved with the SBDC.

The SBDC works closely with the Williamson College of Business through classroom projects and the Beeghly Fellows program, a paid fellowship for business students who become consulting assistants for the semester of their fellowship and work closely with clients.

By collaborating with small businesses, the SBDC offers free consulting with strategic planning, e-counseling, technical assistance, quality-based assessments and loan packaging

assistance.

Patricia Veisz, the director of the SBDC at YSU, said she was surprised and excited about the accomplishment.

“We were very shocked,” Veisz said. “There are almost a thousand SBDC programs across the country, and for us to be chosen as number one in the country... We couldn’t believe it.”

After winning the nomination for the district, the program moved to the Chicago region. This region contains several districts from surrounding states.

Out of all the nominations in this region, YSU moved on to the national level. YSU was chosen as the winner out of 12 programs.

Veisz said the SBDC helps the small business community in Youngstown grow each year.

“When the SBDC is faced with a challenge they cannot tackle for a business, they point

them in the right direction,” she said. “There are things that we don’t do, but we know the resources because we are all partners to help the community grow.”

Veisz said the SBDC would not be able to do as much as it does without the help of others.

“Everybody is committed, and everybody is here for the same reasons,” she said.

Betty Jo Licata, dean of the Williamson College of Business, said she is proud and honored to be associated with the program.

“Many times, people aren’t aware of what the SBDC does, and hopefully, this award will increase the visibility of the center, so our regional business community knows the services and programs they provide that help support economic development,” she said.

Maria Vince, a senior marketing major and fellow in the Beeghly Fellows program, said she

was very involved with the SBDC.

“It’s all really great experience when you’re a business major to get a general idea of business,” Vince said. “I highly recommend the program to all students interested in participating and learning from working with professionals.”



Photos by **Brooke Zucco/The Jambar**

YSU ENGINEERING STUDENTS WIN NESOWEA STUDENT DESIGN COMPETITION FOR THE FIRST YEAR

ABIGAIL CLOUTIER

A team of four civil engineering students at Youngstown State University won the Northeast Section of the Ohio Water Environment Association's Student Design Competition in Cleveland, which focused on a plan to reduce water toxicity through a water treatment plant in Lorain, Ohio.

The YSU civil engineering students teamed up to compete against students from Case Western Reserve University and Cleveland State University, where each team attempted to solve the toxicity issue for Lorain.

Christopher Metzinger, Spencer Desalvo, Tyler Stratton and Walter Wasilewski represented YSU and won against six other teams for the first time.

Metzinger, a senior civil engineering major, said the students had to conduct a plan that meets Environmental Protection Agency standards.

"Our design would be a good guideline for wastewater treatment plants if they are failing a wet test," he said. "Now they have a pretty easy, efficient and economical way to help solve the problems that toxicity failures cause in a wastewater treatment plant."

Metzinger said the team was first responsible for a presentation. They will now be in charge of a more in-depth project.

"Now, we have to make a full design report for the national conference called the Water Environment Federation's Technical Exhibition and Conference, which will be held in about a month

in Chicago," he said.

Youngstown is currently undergoing similar updates to wastewater treatment plants.

Desalvo, a senior civil engineering major, said the project touched him and his teammates on a personal level.

"Living in northeast Ohio and [visiting] the Great Lakes and all around, you see the nicer areas and the areas that need more work," he said. "Being a civil engineering student and working in the wastewater realm of things, you see how important water is to people."

Desalvo said the competition allowed the team to collaborate and interact with industry professionals in a way that wasn't otherwise possible.

"This is as real world as it can get," he said. "We talked to the plant manager and some of the people in Lorain and some of the people who are working professionals in the world right now."

According to Desalvo, the ability to connect with professionals helped them excel.

"We had numerous professionals from Ohio and all over the country that talked to us and got our information," he said. "We had days prior to and following that we were able to sit and talk to professionals that have kinda been in our shoes and sat at the same desks we sat in."

Anwarul Islam, program coordinator and professor of civil, environmental and chemical engineering at YSU, helped guide the students throughout the project, although he was not directly involved.



Photo by **Abigail Cloutier/The Jambar**

"The focus and recognition should be on [the students]," Islam said. "They deserve the recognition, not the department, and they worked hard for it."

The team of civil engineering students will present a full design report of their project at the Water Environment Federation's Technical Exhibition and Conference in Chicago at the end of September.

YSU MATH PROFESSOR WINS NATIONAL AWARD

BRIANNA GLEGHORN

A mathematics professor at Youngstown State University was acknowledged and honored at a national level for her hard work and dedication in and outside of the classroom.

Alicia Prieto Langarica, associate professor in the department of mathematics and statistics, received the Henry L. Alder Award for her willingness to go above and beyond for her students.

The Mathematical Association of America honors three undergraduate mathematics professors each year for displaying exceptional teaching services to their students.

Prieto Langarica said she felt honored to receive the award and gain recognition on a national platform.

"I was lucky to get it this year with a professor from Williams College and a professor from Lamar University in Texas," Prieto Langarica said. "I'm really honored that my students here and a professor at a university in California nominated me, and I'm very honored that I got the award."

After graduating with a bachelor's degree in applied mathematics, Prieto Langarica attended the University of Texas at Arlington for her doctorate in applied mathematics. She started her career at YSU as an assistant professor in 2012.

Prieto Langarica said she specializes in combining biology and mathematics into her research, along with social sciences and mathematical studies.

"What I like to do is to look for problems that are interesting to me," Prieto Langarica said. "Those are mainly in biology or in public policy. Then I find ways to study them or try to investigate them with mathematics. I love when I can do that with my students."

According to Prieto Langarica, her favorite aspect of YSU is watching the snowfall during the winter and, more importantly, teaching and watching her students grow.

"[At YSU] students are open and they feel so lucky to be here, and I feel lucky with them to be here," Prieto Langarica said. "They're always willing to go the extra mile to work hard, and I feel like that work ethic and that enthusiasm for learning, it's hard to find in other places."

Along with her own focus on research, Prieto Langarica is known for encouraging students to participate in research and at one point mentored 25 students in one semester.

To check in with her undergraduate researchers, Prieto Langarica takes the time to go on walks with each student around campus.

Her students collaborated with the city of Youngstown on the demolition of buildings and pushed for the construction of a new parking structure through research projects in her class.

Julie Phillis, a senior math and environmental studies major, said she never had Prieto Langarica in class as a professor but was an office worker in the mathematics department her freshman year.

"I had been working in the math office for about a month when she approached me and asked why I wasn't doing research with her,



Pictured: **Alicia Prieto Langarica**. Photo by **Heather Newsome/The Jambar**

as if I obviously should have been," Phillis said.

Phillis was given the opportunity to present her research, along with two other students, at the national Mathematical Association of America MathFest.

Phillis said she gives all the credit to Prieto Langarica, as she supplied her with the tools to do the research and mentored her through the experience.

"My college experience would have been drastically different had Dr. Prieto not taken me under her wing," Phillis said. "She embodies everything good there is to be in a human, and I will tell anyone who will listen what an incredible individual, professor, mentor and friend she has been to me."



ITALIAN WATER CIRCUS PREMIERES NEW SHOW IN YOUNGSTOWN

Cirque Italia, the first and only traveling water circus, premiered their newest show "Aqua" in Youngstown. Photos by Cailey Barnhart/The Jambar

CAILEY BARNHART

The Southern Park Mall parking lot may be the last place one would expect to see death-defying aerial, juggling and roller skating acts, but an Italian big top came to town last week to prove that amazement can be found in unexpected places.

Cirque Italia, the first and only traveling Italian water circus, premiered their newest show "Aqua" in Youngstown Aug. 22-25.

Sarah Kessler, Cirque Italia's media representative, describes the show as "an innovative and unique production, the only one of its kind in the country."

Corissa Fusco, an aerial net performer, has been with Cirque Italia since 2012. She also paints faces before the show, handles the social media pages and acts as the on-site media contact.

"Thirty-five thousand gallons of water go into a pool that we have on the stage, and it sprays up like a fountain and rains down like a curtain," she said. "The performers are in the middle doing whatever their act is."

The show features performers from countries around the world, including Romania, Portugal, Mexico, Brazil, Argentina and the United States.

Although audience members can take souvenir photos with a realistic dinosaur and elephant during intermission, the show has a strict no-animal-act policy.

"We want to focus on one thing, and that is human capability," Fusco said. "We want to see how far we can push the limit and see the originality the performers can bring to make it unique and different."

"This especially applies to the water, which is the big wow factor that puts our show over the top," she added.

Cirque Italia travels most months of the year, reserving three to four weeks off for Christmas and New Year's Day. Despite the constant traveling, Fusco said she enjoys experiencing new places with her children.

Roxana Midi, who works as the ticket office manager and performs in the aerial duo segment, has been with Cirque Italia for three years. According to her, the show is very unique.

"We bring a small part of Las Vegas to your home city," she said.

Midi travels with her child and has a brother in another unit of Cirque Italia. She said over time she became comfortable with traveling and began to enjoy it.

"It's a new city, a new location, a new girl doing your nails. All of the people working at the show are very close. It's like a big family," she said. "If I need something, need advice or I'm having a rough day, I can go to someone's trailer and ask for help."

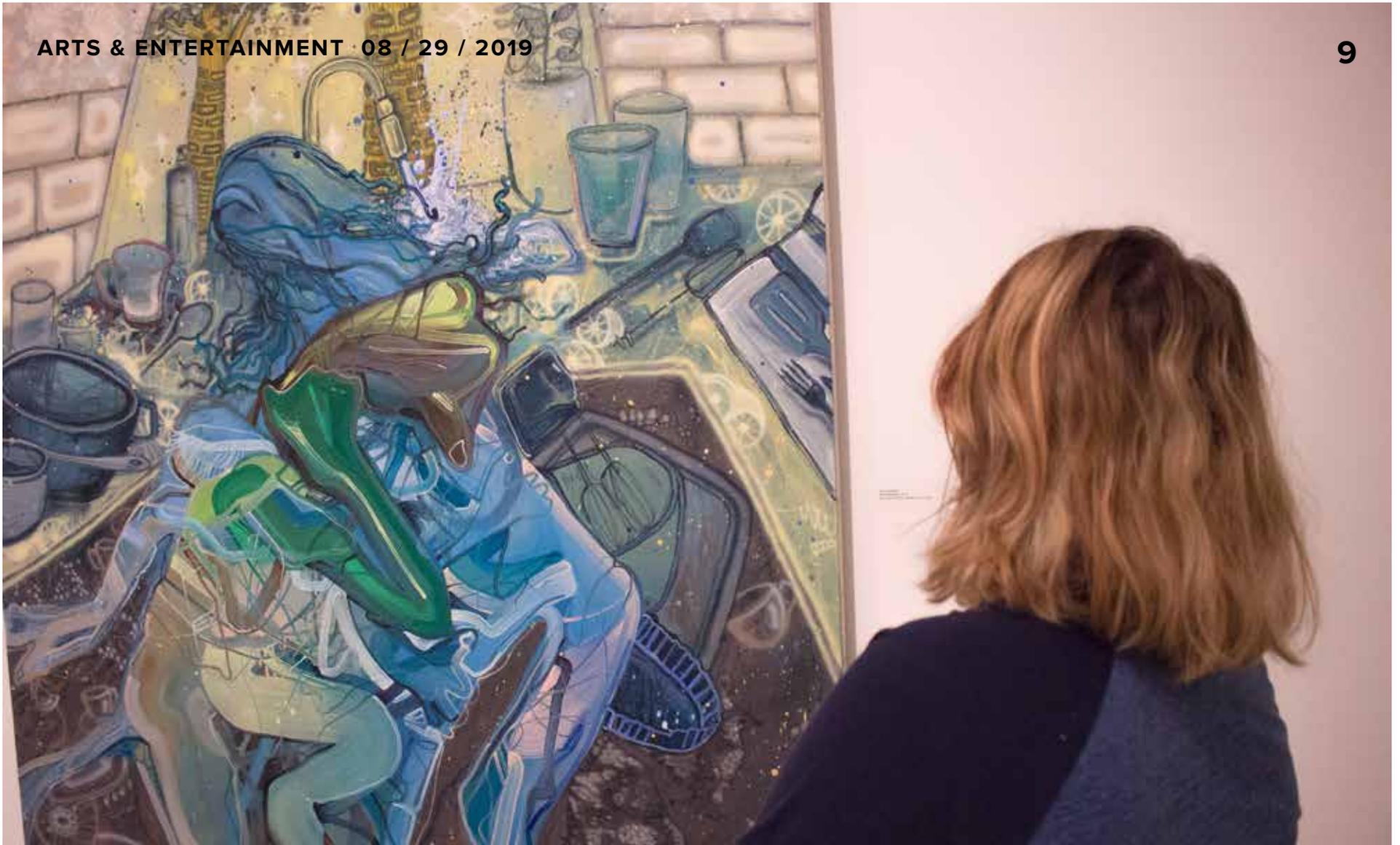
Midi was a ballroom dancer for seven years and began circus performing five years ago. She did not come from a circus family, but she had the opportunity to join and seized it.

Midi has been performing her aerial duo act for one year and feels the show is different from others because the performers work with water.

"Imagine standing in the middle of a fountain, and then imagine that 30 feet off the ground. The water provides a lot of emotion," she said. "So you have to have trust and confidence in yourself and the other people you're working with. You have to put your mind in a good place, and have a lot of trust."

Cirque Italia has upcoming events in Grove City, Harrisburg, Whitehall and Wilkes-Barre through the end of September. Dates and tickets can be found on the show's website, <https://cirqueitalia.com>.





A woman views a piece of art on display at the McDonough Museum of Art. Photo by Frances Clause/The Jambar

DIVERSE FALL EXHIBITIONS WELCOMED AT THE MCDONOUGH

FRANCES CLAUSE

Stories told through colorful abstract paintings, photographs of diverse landscapes and professional printmaking were welcomed into the McDonough Museum of Art during the fall exhibition's opening reception Aug. 23.

The exhibition is on view through Oct. 26, and visitors are invited to discover meaning in these contemporary exhibits by Whitney Tressel, Dana Oldfather and Julie Mehretu, three accomplished female artists.

Claudia Berlinski, McDonough Museum coordinator, said when choosing the exhibits for fall, a committee considered the quality of the work and how it would benefit the community and Youngstown State University students while staying affordable.

"[Julie Mehretu] is a painter, and her paintings are large scale, sometimes room size, and they're quite expensive because of the caliber of artist that she is," she said.

But through Highpoint Editions, the prints on display were much less expensive for the museum to release.

"It's a way [for visitors] to see someone who's such a world-

renowned artist in an affordable scale," Berlinski said.

The exhibitions continue into the lower levels of the museum, and each artist's work contrasts the others.

"We did start our emerging artist series this semester, so in Raw Space Gallery we have our first emerging artist, who is Whitney Tressel, and she's a travel photographer," Berlinski said.

She said the unique thing about Tressel is that she is an artist who has not shown her work in a gallery setting as she has mainly focused on commercial work.

"[Tressel] had hundreds of images that were not images for her commercial work, and so we were able to pick some of those images from the travels in her camper, as well as some of her other travels," Berlinski said.

There were many reasons Tressel decided to travel solo for two years across North America in her 1985 Toyota Dolphin camper.

"One [of the reasons] was that it's my day job to be a photographer and photo editor, and it was nice to be able to do more meaningful work than the jobs I was commissioned," Tressel said.

In the camper, Tressel enjoyed going at her own pace and revisiting places she had been, and she hopes that this exhibit captivates each visitor.

"When people look at my artwork, I hope that they are at peace; I hope when they look at the photograph that there's a sense of curiosity and ease, contemplation, calmness," she said.

Although Tressel is not in the camper full time anymore, she still pursues her passion with small road trips on the weekends.

Tressel's art has been showcased on Google, National Geographic, Budget Travel magazine, New York Times Student Journeys and Esquire. It's also affected YSU students who have stopped at the McDonough to admire the exhibition.

Torri Session, a digital media graduate at YSU, believes it's important for students to attend exhibitions like this to learn about the artists around them.

"Even if they don't like the certain types of art, they can learn why a person is making that art," she said. "It's really important just to see from different people's perspectives and being able to talk to the artist."

SLEEP ISN'T FOR THE WEAK

MAC POMEROY

As the youngest of two children, I got a good look at what college was like from my older sister before I came to Youngstown State University. My sister, Madeline, is a theater major but began her college career on a different path.

Despite eventually realizing the major was not for her, she seemed fine at first. As the assignments and tests picked up, Madeline developed a serious problem that many students suffer from— she stopped sleeping.

Most of us have known or currently know someone who has pulled an all-nighter.

Sometimes it can seem incredibly tempting to skip sleep to study for that upcoming exam. However, this can have the opposite effect on students.

A body can only handle so much, and sleeping is when it has the opportunity to heal itself.

What good is all that studying if you can't stay awake during the test?

Madeline grew very irritable. I like to joke that my sister is always cranky, but this was beyond that. She was having mood swings, she was anxious and the smallest noise gave her a headache.

It was difficult to have a simple conversation with her, and eventually enough was enough.

Typically, when people skip sleep, it isn't because they want to. It's because they ran low on time while doing other daily tasks.

This can be complicated to handle, but what can help is time management. Adults chirp this at students constantly, but it's important and not as difficult to start as many may think.

Start by getting a planner. A small one will do.

Write in all of your daily events, including the times, then check to see when you may have a gap. Is there a slot between work and class where you can study for an hour? Twenty minutes? Find these slots and put your study time there.

If you are trying to focus on getting more sleep into your schedule, you can even consider setting a bedtime.

This may sound childish, but you don't have to set it for 8 p.m. Just set a time and remember that at this time, you need to have everything done. This time is for nothing but sleep.

To completely follow a schedule, it may take practice.

This doesn't mean you aren't allowed to break your own rules. If a party comes up, go to it. If you need to push back your set sleep time in order to finish your homework, do it.

Try to stick to this schedule as often as possible.

Eventually, my sister switched her major, and without the stress of doing something she didn't enjoy, she started sleeping again. She got better. She was no longer so agitated, and she was able to focus more on her work. Now my sister is doing well, and I am proud of how far she has come.

Sleep is a natural human function, the same as eating or breathing. Avoiding it is dangerous.

Yes, sometimes it can seem very tempting. However, you need to consider the consequences and decide if those few extra hours to work is worth the risk of exhaustion stopping you. More often than not, it isn't.

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OTHER

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NEWS BRIEF

MOOT COURT TEAM RANKS FIFTH IN THE NATION

The Youngstown State University Moot Court team is ranked fifth in the nation. The team was ranked sixth in the nation last year.

The team made their 10th appearance at the American Moot Court Association's national competition in January.

Four teams were entered into the January competition. Throughout the regional tournaments, 457 teams entered and 80 teams attended nationals.

Each team consists of two members who are required to deliver an extensive oral argument on their respective cases.

Students will argue for Constitution Day on Sept. 17 at noon in the Board of Trustees Meeting Room in Tod Hall.



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LOW-COST OPTIONS FOR ADULTS LEARNING MUSIC

J. HARVARD FELDHOUSE

While music is an integral part of the human experience, there are many adults who never learned to play music in their youth.

Adults, especially college students, are often burdened by limited funds. They may not know where to start learning music without spending a lot of money, but there are several low-cost opportunities.

Randall Goldberg, professor and director of the Dana School of Music, provided a few options for people who are new to music.

Goldberg said people should begin with their voice by joining a choir or other vocal ensemble with a low audition threshold.

“People may not have formal vocal training, but they can sing; they can carry a tune,” Goldberg said. “You can do choir, and you’ll get pedagogical training in a group like that and also great experiences and performances.”

At Youngstown State University, Voices of YSU, Barbershop Singers and Pella Penguins are all vocal ensembles requiring little to no musical background to join. Voices of YSU and Barbershop Singers can be taken as a one-credit course, while Pella Penguins is a student organization.

Jennifer Mosher, a part-time voice professor, said she strongly advocates making music with others because it exposes beginners to those from diverse backgrounds and musical experiences.

“[There is] nothing wrong with sitting in a room by yourself with your guitar. That’s great. But with other people, it adds a dimension,” Mosher said. “And you actually learn from working with people who are a little better than you.”

Outside of YSU ensembles, Mosher suggests joining one of many local church choirs because they always need volunteers and are willing to teach.

Goldberg then suggests learning the basics of music on widely accessible instruments such as the guitar and keyboard. These instruments can be learned by taking classes at places like the Jewish Community Center, following lesson booklets from the store or using free internet resources.

“It’s easier to teach oneself a few basic rudiments on the guitar,” Goldberg said. “They can find a lots of YouTube videos about it. They can find websites about it. If you know a few chords, you can play millions of songs. That is a possibility that might be easier than someone who wants to learn violin, which is a much more challenging instrument.”

Cicilia Yudha, associate professor of piano, teaches a class called Keyboard Musicianship for Non-Music Majors that any

student can take for one credit. In this class, students learn the fundamentals of how to read music and play the keyboard in a low-pressure environment.

“The students in the past have been students who are majoring in biology, math and criminal justice — they do something completely different,” Yudha said. “The piano becomes a way for them to kind of release stress and challenge a different part of their brains.”

Yudha also suggests that, since they can pay for classes with financial aid, college students should take advantage of the many general education music classes to get a feel for different types of music.

In Ohio, adults over the age of 60 can take any class for free with no credit, and Yudha has had a few older students take her keyboard class.

“The physical muscles don’t move as fast as, you know, a 4-year-old would learn, but it’s never too late to learn because you’re always challenging yourself to be a better person, to learn new skills.”

At the end of the day, if someone is really dedicated to learning music, they will find a way to learn. It may cost a little to do it, but the value it adds to a person’s life is worth the investment.



Emergency vehicles were outside of Ward Beecher Hall on Monday. Photos by J. Harvard Feldhouse/The Jambar

THE JAMBAR

— EDITORIAL —

YSU BECOMES MORE INCLUSIVE FOR STUDENT PARENTS

The average college students today are much different from who they were a few decades ago. Youngstown State University is home to many nontraditional students who want to make their dreams of obtaining a college degree a reality, just like the rest of the “traditional” student body.

YSU’s website states:

“A non-traditional student is anyone who satisfies one or more of the following conditions: 25 years or older, assumes multiple life roles such as a parent, spouse/partner, full time employee, caregiver and student, returns to school after taking a break and/or an active, reserve or veteran of the military.”

According to YSU’s total preliminary 14th day enrollment age distribution statistics in fall 2018, 2,513 of the 12,696 students enrolled were over the age of 25. That was 19.79% of

the student body.

Those statistics only accounted for age and not the other factors embodied in a nontraditional students, including parenting students.

Kimberlee Avery, associate director of undergraduate admissions at YSU, said it is difficult to produce statistics on all nontraditional students.

“We don’t collect any data on the application if the student is a parent and there are different definitions/criteria on who is considered a nontraditional student,” Avery said in an email. “Some nontraditional students have never attended a college or university before and some are a transfer student, so it is a bit complicated when it comes to pulling that data.”

Even without exact data, it’s no secret that student parents

have had a lack of campus resources.

Fortunately, the Student Government Association, the Division of Student Experience and Maag Library are taking a leap in the right direction. They have created a family study room in Maag Library for parenting students to have a safe space on campus to bring their children to.

The space is a great addition to the lactation room nearby for mothers with small children. It’s about time.

With the incorporation of these inclusive spaces on campus, it’s hoped that YSU will include more spaces with nontraditional students in mind in the future.

Nontraditional and parenting students are a part of the normal student body today. The university should strive to accommodate them, and this a major improvement.



FRIDAY 2-3 P.M.





YSU WOMEN'S SOCCER PREVIEW

Marcella Sizer, a forward, heads the ball. Photo Courtesy of **Robert Hayes**

NATHANAEL HAWTHORNE

The Youngstown State University women's soccer team had a lackluster season last year. The team hopes to bounce back, make the Horizon League playoffs and prove their potential to the Youngstown community.

The women's soccer team went 1-13 last year and tied four games. Their one win was at home.

"[Last season] didn't go as we were hoping it would go," senior defender Larsen Murvin said. "We walked away with only one win, which was a little disappointing, but hopefully we can change."

With a tough season behind them, the team has high hopes for this year. Junior defender Lexi Neal said one aspect that has changed is overall team chemistry.

"We have a lot more communication in a lot of aspects, and it's making everybody mesh way better than last year's team," Neal said.

The Penguins strive to have a different attitude this season and aim to exude positivity in practices and off the field.

"It's been very positive," Murvin said. "So far, everyone seems to be really getting along and working well together. I'm really excited to see what happens."

After last season, the team lost four seniors,

but it made up for the loss by recruiting 12 freshmen to play. In the team's home opener, six out of the 11 starters were freshmen.

"We have a lot of new talent to the team this year," junior defender Ashley Dibble said. "It's going to be a good year."

The Penguins lost three of their first four games, but two were nonconference games.

The team picked up a win in its first home game of the year, a Horizon League conference game against the Purdue University Fort Wayne Mastodons.

Addie Roman and Marcella Sizer found the back of the net for the Penguins in a 2-1 win. Goalkeeper Zeeyana Jivraj allowed one goal in

10 attempts from the Mastodons.

Another change made in the offseason was in how the team practices. Practices are now approached as if they are games, so the Penguins can get a feel for what an actual game will be like.

"In the offseason, we just worked really hard through the spring and worked on training at 100%, so it's like a game-like situation," Neal said. "I think that was a big thing for us."

The Penguins have a short road trip to Marshall University on Friday and the University of Kentucky on Sunday. The team will then play at home against the University of Akron Sept. 6.



YYSU MEN'S GOLF TEES OFF SEASON IN NEW YORK

Kevin Scherr tees off. Photo courtesy of Drae Smith/Youngstown Sports Information

MICHAEL EVANKO

The Youngstown State University men's golf team starts their season in Verona, New York, at the Turning Stone Tiger Intercollegiate Tournament hosted by the University of Missouri.

The Penguins previously played in this same tournament one year ago, finishing 10th.

The team is led by junior Kevin Scherr, who shot 79-73-72 in three rounds for a total of 224. This will be Scherr's third time playing on this course in his college career.

"I was pleased with my last two rounds last year. Just trying to get that first round fixed and stay consistent around par is a real good goal and sort of like a pace setter for the rest of the season," Scherr said.

While some members of the team have played this course in the past, this will be a first for freshman Cole Christman.

"I know nothing about this course, but I

know there's going to be a lot of great teams there," Christman said. "We're going to have to put it together, and I think we can do it."

While golf presents its own set of challenges, this course offers no room for error. It's known for being the second-hardest golf course in New York.

"There's a lot of trouble, hazards and fescue on the course," Scherr said. "Last year the fescue was all grown up, but the year before it wasn't. So it'll be like a surprise when we get there."

Coach Tony Joy said he knows what obstacles the team faces heading into this weekend.

"It's what they call a links-style course, not a lot of trees, but a lot of fescue," he said. "If you get out of line or get off the fairways, you're in real high grass, which automatically is like a penalty, you almost have to take the penalty drop to get out."

For players facing this troubling course, consistency is a key component in a successful

round.

"My consistency has always been my strong suit," Scherr said. "I've been staying steady with that. Putting is one of my weaknesses. It's always basically everyone's weakness. If I can just throw in a few more that I don't expect to make, that'd be what I would be hoping for this weekend."

Christman also worked on improving his short game.

"Specifically, my putting," Christman said. "It's a lot easier. It's easier to scramble and make birdies now that I fixed my short game."

Joy said he has high expectations of his team this season after almost taking home the Horizon League championship last season.

"We played really well in the conference championship last spring, with about four or five holes to play, we actually had the lead," Joy said. "So, the kids have tasted what it's like to be that close to winning a conference championship, and with almost everybody

being back on the team, my expectations, obviously, it'll be very competitive."

These lofty expectations aren't only coming from the coach, but from the players themselves.

"I'm going to work and be the best that I can ... and I know these guys will do the same," Christman said.

Scherr echoed his teammate's sentiment.

"I expect good things," he said. "There's going to be a lot of top Division I teams there, but if we can just finish like, a little bit below them or around them, that'd be fantastic. We definitely have the capabilities to do that."

The men will be playing 36 holes over a two-day span on Sunday and Monday. Look for the Penguins to improve upon last year's 10th place finish behind the strokes of Kevin Scherr and Cole Christman.



THIRD TIME'S THE CHARM

The Penguins take the field for their game against Southern Illinois University. Photo by **Brian Yauger/The Jambar**

BRIAN YAUGER

Youngstown State University has had a rocky history with its men's swimming and diving program. It has started and been shut down twice before.

October marks the beginning of the third incarnation of the program, and new men's and women's coach Brad Smith is eager to usher in the new era.

"I'm really excited," Smith said. "This is a great opportunity to reinstate a men's program. We have a phenomenal group of young ladies and men that are joining the team this year. Enthusiasm is high and the positivity is great. They're training hard and we look great."

Smith has had success with his teams in the past, producing six conference champions in his five years at Binghamton University, his most recent job. He said he wants to bring the same mentality that gave his program success to Youngstown.

"We've got to be a team first before we can move forward with anything else," Smith said. "Promoting a positive atmosphere and culture and making sure the team knows that myself and my staff are there for them. Knowing that they can be comfortable

in their own skin and being who they are is the first step to that."

When that happens, Smith said he thinks the sky's the limit. "Once we have that, we can start building a positive, hardworking team culture," Smith said. "We already have the ground pieces for that. Then we can go from there."

An important factor in building a program is recruiting. It's starting from nothing, so bringing in potentially interested freshmen is a major key for success.

"We have a number of recruits coming up over the next couple of weeks," Smith said. "I started in May trying to put a men's team on the pool deck for the fall. My summer was nonstop. Didn't get a lot of sleep trying to get guys for the start of this fall, but it was good. We got 10 guys committed for this fall on the pool deck training with us now, and now we're trying to catch up with our 2020 recruiting class and both the men's and women's side."

The problem with the recruiting process is that it never ends.

"We're almost caught up at this point," Smith said. "We have four official visit dates. Two weeks in September, one in October and one that splits October and November. We have a number of very talented recruits coming up to take a look at YSU and see if this could be the place for them."

Karan Raju, who is joining the team from India, has made an impression on the coaching staff during practices.

The Penguins have also added two Ohio natives in Wilson Cannon of Mansfield and Ryan Scherer from Wauseon.

Smith has one thing in mind heading into the season. He wants to gain attention and let the rest of the conference know that YSU is here.

"One of our guys asked me the other day what a reasonable expectation for us should be this year," he said. "I told him a reasonable expectation for us this year should be to turn heads and to show the conference and the teams that we compete against this year that we're here to stay, we're here to build, that we're serious about this, that we're looking to contend for a conference championship down the road."

Though he's not expecting it, the thought of a conference title is something that stays on his mind.

"A conference championship is always a goal for me, and knowing the programs that I've coached, it shows that that's what we're shooting for long term," Smith said. "We're going to take, you know, every reasonable step this season to get there."

The first meet for both the men's and women's teams is Oct. 5 at Marshall University. Smith said he is counting down the days.