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Ron Jaworski talks to a group of Youngstown State University students about his playing career and his transition into broadcast media. Photo by Brian Yauger/The Jambar

BRIAN YAUGER

Ron Jaworski is a Philadelphia Eagles Hall of Famer and former ESPN broadcaster, but there's one other thing he wears like a badge of honor: being a graduate of Youngstown State University.

Jaworski returned to his alma mater Friday to give a lecture about "preparing for a life in sports media," a path Jaworski began walking in 1976 when he was the sports director of a morning show in Los Angeles while playing for the Rams.

His most notable stint in sports media was the five years he spent as the color commentator for ESPN's "Monday Night Football."

The former Eagles quarterback started his talk with a laugh, teasing a student in the front row wearing a New York Giants T-shirt. Throughout the speech, he continued to give the student playful jabs.

"I just have one question," Jaworski said to open his lecture. "How did you allow this New York Giants fan to sit in the front row? My arch rivals. At least it's not a Lawrence Taylor jersey

you're wearing."

Jaworski credits former Penguins coach Dwight "Dike" Beede for convincing him to attend YSU. Or, more accurately, Beede convinced Jaworski's father.

"When I was recruited by Dike Beede, he recruited my dad," Jaworski said. "I drove down with my dad from Lackawanna [New York], and I spent time with some of the other assistant coaches, toured the campus and all the facilities. The head coach worked my dad over. He convinced my dad that this was the place to go."

Looking back, he couldn't be happier that Beede convinced his father that he should become a Penguin.

"Youngstown State not only played a significant part in my success as a football player, but more importantly, they played a major part of my success as a person," he said.

Jaworski told a story of how much preparation he did going into a week of "Monday Night Football." Citing pronunciation as one of the most important aspects of his job, Jaworski referenced Packers defensive end Kabeer Gbaja-Biamila as a reason a person needs to practice pronunciation.

"I prepared about 90 hours a week, but you're not just preparing for football, you prepare for everything," Jaworski said. "Every Thursday morning, we had a person at ESPN and we'd go down the list with flip cards."

During his speech, he recalled a time when he was in the same position as the students in the crowd. Former NFL great Frank Gifford, who also moved into broadcasting after his playing career and was a staple on "Monday Night Football" from 1971 to 1997, visited YSU while Jaworski was attending and left a lasting impact on him.

"I was sitting out in the audience listening to Frankie and the stories that he told about his playing days and his career on 'Monday Night Football,'" Jaworski said. "I was motivated by Frank Gifford. I was enamored with Frank Gifford. In the back of my mind, all the things he talked about to me are a lot of things I'm talking about to you."

After sharing his wisdom with the crowd and answering questions about the business, Jaworski took photos with and signed autographs for the attending students.

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Moataz Abdelrasoul prepares for his argument on Constitution Day, Photo by Rachel Gobep/The Jambar

RACHEL GOBEP

Members of Youngstown State University's nationally ranked moot court team had the opportunity to present arguments for a case problem as part of a Constitution Day celebration in front of a jam-packed audience in Tod Hall on Tuesday afternoon.

The team is ranked fifth in the nation in the American Moot Court Association behind the United States Air Force Academy and the University of Chicago.

Moot court is a simulated argument in front of the Supreme Court of the United States where participants are given a fictional case each year with a set of real supreme court and federal circuit court opinions.

Participants have about 15 to 20 cases to work with divided among two issues. The teams consist of two partners that address one issue on both sides and act it out in front of the Supreme Court.

Samantha Fritz argued along with her partner, Jacob Tomory, in front of various Ohio judges from the Ohio Supreme Court, federal district court and the Seventh District Court of Appeals.

Tomory and Fritz are both senior philosophy and political science majors, and Fritz said she is fortunate to have the opportunity to present arguments to judges of such high caliber.

"It is probably one of the coolest things that I've ever been able to do as an undergrad, being able to have access to these resources ... I don't think that I would be able to have this opportunity if I didn't come [to YSU]," she said.

This is her fourth year on the moot court team, and she said when it comes to personal growth, the forensic activity has helped her deal with nerves and anxiety.

Moataz Abdelrasoul, a senior political science pre-law major,

has been on the team for three years and said it has been his most rewarding encounter at YSU because of the life skills that are taught.

"The communication skills, the ability to handle questions from individuals and be able to craft your argument. Those are all skills that are transferable to any career that you want to go into, specifically law school," he said.

Abdelrasoul had the opportunity to argue in front of the judges with his teammate, Michael Factor, a sophomore political science major.

Ron Slipski, the team's coach and a lecturer in the department of politics and international relations, said through arguing on Constitution Day, students had the opportunity to answer tough questions.

"They're all top-notch jurists. So, in preparing for competition, that's what you want. You want the tough questions," he said.

For Ohio Supreme Court Justice Pat DeWine, it was the second time he judged moot court students. DeWine said when he came to the university two years ago, he was impressed by the students' abilities.

"It's really impressive ... You watch the quality of some of these students. Quite frankly, they can stand up with many of the lawyers we have in front of us in the Supreme Court," he said.

In DeWine's opinion, the students have composure, a strong work ethic and the ability to think on their feet.

"I think if they choose to, they'll be tremendous lawyers, litigators and oral advocates," he said.

U.S. District Judge Benita Y. Pearson said she wanted to be

a part of the Constitution Day celebration to help "further the pursuit of justice."

She said the team's national ranking tells her she will see some of them in future courtrooms.

"They're real litigators in the making," she said.

Abdelrasoul said being ranked fifth in the nation is a lot of pressure for the team, but it is motivating.

"I think it has kind of lit a fire under us," he said.

Abdelrasoul said he believes Slipski is the best moot court coach in the nation.

"What he does for our team is remarkable, and he really deserves all the credit. I would be nothing without him," he said.

Slipski said the team's ranking makes him emotional, and it has everything to do with the students' work ethic.

"I'm a YSU grad. Youngstowners have this bad attitude about themselves, and this proves that attitude wrong," he said.



The moot court team at Youngstown State University is ranked fifth in the nation in the American Moot Court Association. Photo by Rachel Gobep/The Jambar

Tyler Poulakos, a YSU alumnus, smiles wearing his AmeriCorps T-shirt, Photo by Shawn Williams/The Jambar

AMANDA JOERNDT

Serving the greater Youngstown community through intensive service work led a recent Youngstown State University graduate to discover his true passion and career purpose.

Tyler Poulakos, a YSU alumnus, began his service duties in 2017 through the Health Professions Affinity Community and worked toward combating health disparities across the region.

While a member of HPAC, Poulakos discovered the Corps for Rural and Urban Success and Health, or "CRUSH," program through a national platform, AmeriCorps, where members are committed to serving critical community needs across the nation.

During his second year of service with AmeriCorps, Poulakos took on the role of the LeaderCorps member of the CRUSH program, which facilitated a community health program in local high schools and colleges.

Poulakos said being able to lead community health projects in different high schools allowed him to discover his passion for nonprofit service work.

"Being involved in this program gave me the chance to be a part of something bigger than myself," Poulakos said. "I felt like my full potential wasn't being met with just going to school and going to work ... I needed something else that gave me that extra passion in my work."

Poulakos served as one of the LeaderCorps members for ServeOhio, which is responsible for commissioning AmeriCorps grants to various programs throughout the state.

According to Poulakos, witnessing the community engagement firsthand was an eye-opening and rewarding experience.

"The students that we worked with sometimes did not feel as if they were doing something for their community and doing something that would be known by the community," Poulakos said. "AmeriCorps provided them with the outlet to feel great about their community and feel great about themselves."

Poulakos was involved in service work with the Hope for Happiness Suicide Prevention Walk at Hiram College, a drug addiction symposium at YSU and the Buddies Not Barriers event working with students from the Rich Center for Autism and the Down Syndrome Association of the Valley.

Although Poulakos received his bachelor's degree in biology, he also obtained his nonprofit leadership certificate through the Williamson College of Business Administration.

Poulakos said his love for biology was robust, but his passion for nonprofit service work led him to pursue his nonprofit leadership certificate at YSU.

"I was overwhelmed and overjoyed that I was able to continue doing this passion and work that I wanted to do," he said. "The classes that you took was exactly what I wanted to do and what I wanted to learn, so it really pushed me to do great and want to continue it for my masters."

Laura Dewberry, director of the Center for Nonprofit Leadership and senior lecturer in the department of marketing in the Williamson College of Business Administration, said Poulakos' passion for nonprofit leadership management was apparent in his course work.

"Tyler is extremely intelligent and he was one of those students that took all of the nonprofit leadership certificate courses all at once," Dewberry said. "He also was a member of the student nonprofit leadership organization that semester, in which he was very active."

Dewberry said being able to acquire nonprofit leadership skills through the program prepares students for real-world work experience with nonprofit organizations.

"His participation in the nonprofit leadership course, we do a

consultation project with a local nonprofit organization," Dewberry said. "Tyler was the team leader and it was obvious that he led his team towards success in the student consulting project with his engagement, commitment and intelligence."

Valerie Beutel, director of the AmeriCorps CRUSH program, has instructed individuals through community service work for the past six years.

Beutel said watching Poulakos persevere through each challenge his team faced and overcome different obstacles was a valuable experience.

"I remember [the trio] calling me the first day in panic saying, 'Val, they hate us ... What are we going to do?'" Beutel said. "I told them that you're going to go back and keep going back to persevere to show them that consistency and show them that they matter to you."

According to Beutel, Poulakos was a dependable and committed member, regardless of the circumstances.

"It didn't matter what hour of the day or if he was traveling and going to communities, he was always stepping up which was really important to me," she said. "His confidence in himself and his classroom management and just showing those leadership qualities."

Poulakos said the success of the AmeriCorps CRUSH program would not be possible without working alongside his two colleagues, Hannah Grimes and Tyler Fitzgerald.

"I couldn't have asked for two better partners when it came to combating health disparities in the Youngstown area," Poulakos said. "Just getting the opportunity to work with them really created this friendship between us and service members for life."

His ability to lead community service work in Youngstown led Poulakos to pursue a master's in public administration with a focus on nonprofit management in Georgia.

UNITED WAY DAY OF CARING BRINGS IN 1,200 VOLUNTEERS TO SERVICE YOUNGSTOWN AREAS

KELCEY NORRIS

Volunteers in neon yellow T-shirts roamed the streets with shovels in hand as over 1,000 community members and Youngstown State University students gathered to give back to the Youngstown community.

The United Way of Youngstown and the Mahoning Valley dedicates a day every year to local service projects, calling it the United Way Day of Caring.

A majority of the volunteers gathered near the Salvation Army on Glenwood Avenue to improve the landscaping and cleanliness of the surrounding area.

Roxann Sebest, director of marketing and communications at the United Way, said the United Way attempted to choose an area that needed care, upkeep and revitalization.

"We cleaned up some vacant lots, took tires out, cleaned, brushed and demolished 16 homes and garages that were dilapidated and a hazard for those living around it," Sebest said. "We also installed smoke detectors and safety lights into 72 homes."

While the community service lasts for just one day, Sebest said the impact of the projects would endure long past the single

day of improvement.

"We want to do projects where we're not just coming in one day and cleaning up and leaving," Sebest said. "We chose this area because we were able to do smoke detectors and lights but also because the Salvation Army and Meridian Services in the area are going to upkeep these lots we cleaned up."

A portion of the volunteers were sent to other areas in Youngstown, such as the Second Harvest Food Bank and the YWCA.

Sebest said the American Red Cross set up tables at the Covelli Centre and gave volunteers another opportunity to give back.

"The Red Cross came to us and offered to do a blood drive for those who maybe couldn't come out and volunteer all day because of work," Sebest said. "It's just another way for us to expand and include more people in this day of giving."

Many student organizations at YSU took part in the Day of Caring.

Some players from the YSU baseball team traded in their batting gloves for a pair more suitable for yard work.

Blaze Glenn, a senior business administration major, said the experience served as a bonding activity for the team.

"It felt good to have the whole team there together working

for a good cause," Glenn said. "Community service goes a long way for the team, and [the service] is going to teach some of the younger guys good habits."

Pete's Pride, housed in the Office of Alumni and Events at YSU, participates in the Day of Caring projects every year.

Shelly LaBerto, YSU alumna, said she has been involved with Pete's Pride since graduating in 1990 and looks forward to the event each year.

"I choose to participate in the Day of Caring each year to help make a positive impact on our community," LaBerto said. "Usually we get pretty dirty, which we enjoy, but this year we had an easier job assisting the Salvation Army with preparing dinner for the day."

LaBerto and other volunteers from Pete's Pride were able to prepare meals for community members, pack groceries for families and organize the pantry.

"Knowing the work that we did that day would immediately help individuals and families in need was a great feeling," LaBerto said. "As you drive around Youngstown that day you see the shirts everywhere cleaning, working and making a difference."

YSU EXPERIENCES CAMPUSWIDE WI-FI WOES

ALYSSA WESTON

Throughout the week, Youngstown State University students and staff have experienced issues connecting to Wi-Fi while on campus.

Rosalyn Donaldson, manager of YSU's information technology services, issued two campuswide emails on Sept. 17 and 18 stating the following:

"We are experience an intermittent wireless network outage in various location across campus. Our technicians are working to restore services. We are sorry for the inconvenience."

Ryan Geilhard, director of information technology infrastructure at YSU, said the current issues stem from a complication within the information technology department's five year campuswide software refresh plan.

Geilhard said students who weren't on campus before the plan was implemented in 2016 may not remember how reccuring these wireless network issues were, which is what initially influenced the plan.

"YSU's got about 40 buildings, and what we decided to do was because you can't refresh everything right away, we attempted to take a five year refresh plan for our 40 buildings. So, that means about eight buildings a year can be refreshed, which is about a building every 90 days," Geilhard said.

The IT department was able to acquire the funding for the plan and has been ultimately successful until this bump in the

road about 60% of the way to completion.

In Geilhard's opinion, the plan is the ultimate solution, but the department can only move so fast with the staff they have, which has decreased slightly since the plan initially took form in 2016.

Geilhard said ideally, the software would be completely replaced, but the same staff that would be assigned to that is the same staff currently working on fixing issues when the network is down.

"It's a matter of outrunning the problem," he said. "It's just such a large problem that isn't able to be fixed overnight.

Many students shared their frustrations trying to connect to university Wi-Fi throughout the week.

"Most of my textbooks are online. I can't access them in class when I need them. Even when the Wi-Fi was 'working,' I had issues connecting in [the Beeghly College of Education]," Sabrina Morrison, sophomore middle childhood education major, said.

Morrison said she's completed her weekly assignments at Taco Bell and wishes YSU would've sent out the emails addressing the issue sooner.

For freshman biology major Janae Seawright, living on campus in Kilcawley House has presented its own set of challenges when trying to navigate the Wi-Fi complications.

"[The Wi-Fi] only worked when I used the guest Wi-Fi

instead of the Wi-Fi that's for the residents, and if that didn't work I had to use my data, which luckily is unlimited," she said.

Additionally, the wireless network outage has caused obstacles in how classes have been prepared for this week.

Mykaela Wagner, a second year graduate student in biology, said as a teaching assistant, having access to her email and lecture materials on the cloud is a huge part of her job.

"I shouldn't have to use my data plan on campus when Wi-Fi is structured into our tuition and fees. This has been an ongoing problem as long as I've been a student here," she said. "It's understandable that the demands on our network are large and hard to manage, but Wi-Fi isn't something that we can just do without on any given day and go about normally."

Geilhard said the wireless network outage bothers the IT department a great deal, and to him it's one of the worst things to have happened.

"There's never an excuse for outages like we've had recently," he said.

According to Geilhard, the majority of classrooms are wired so professors shouldn't have difficulties connecting in the classroom.

Students can take advantage of on-campus computer labs rather than using personal hotspots for their laptops or going off campus to get work done.

Destiny Magee, Tamryn Dailey and Jonquil Fenton enjoy dinner and conversation at the Table of Plenty service in the YSU Newman Center. Photo by Brianna Gleghorn/The Jambar

BRIANNA GLEGHORN

For over four decades, the Newman Center on Youngstown State University's campus sets time aside on Wednesday nights to fill the center with music and fellowship and to bring the community together through home-cooked meals.

The Newman Center, a Catholic campus ministry at YSU, "provides a spiritual home for those seeking a personal relationship with Jesus Christ and a social hub for students seeking to grow their faith, while pursuing their courses of study," according to the center's website.

While the Catholic ministry center has serviced the student body for 81 years, the Table of Plenty program has been feeding students and faculty for about half that time.

Thomas Brozich is the director of the Newman Center and has a doctorate in ministry and psychology. He said the program is an outreach for YSU community members to enjoy each other's company over a meal.

"It's just another positive event where they can build up and meet other people of different walks of life as well as get to know and experience other people's culture and background," Brozich said. According to Brozich, the program has attracted students from near and far, such as foreign exchange and commuter students who want to build new relationships.

"We encourage people to be their best in whatever walk of life, and this is part of the outreach we have," Brozich said. "It's a camaraderie that comes together where people can be together and engage one another."

Nicole Kent-Strollo, director of student outreach and support at YSU, said the program supports students who are new to the area or don't have a good family life to turn to.

"It's a great way to have a home-cooked meal," Kent-Strollo said. "That's really important for students who are not near family. I also see students who don't have that typical family life."

In Kent-Strollo's opinion, the service not only encourages students socially but also financially by providing a free meal once a week.

"I think it's just a really great opportunity for students who don't know anybody around here and to go meet people," Kent-Strollo said. "But then also to offer some really good food."

Joao Garretto, a senior electrical engineering major, said he has taken part in the program since he started attending YSU

in 2016.

"Table of Plenty is very special," Garretto said. "Every time I need something, I can reach out to them. If I need some help or need to talk and have fun, I come to the Newman Center. It's a great time."

Garretto said the service has helped him stay close to his faith while away from his home in Brazil.

"Since I started coming, this has felt like my second family," Garretto said. "In a Catholic standpoint, school is very important, but students can keep their faith alive here."

According to Brozich, the program offers more than just a home-cooked meal each week.

"We're building community inside of a larger community," Brozich said.

Meal options range from pasta with meatballs, bread and salad to hamburgers and hot dogs. The meal also includes desserts such as pie or ice cream.

The Table of Plenty meals are offered at the Newman Center on Wednesdays at 6 p.m.

STUDENT CAMPUS MANAGER PROMOTES DEALS WITH AMAZON PRIME MEMBERSHIP

ABIGAIL CLOUTIER

Through a new development at Youngstown State University, an Amazon Prime campus manager now promotes Amazon Prime Student membership benefits on campus and what Amazon offers to college students.

Riddle & Bloom, a marketing agency that partnered with Amazon, contacted Hannah Thomas, a junior business administration major, through the YSU Handshake center encouraging her to become a campus manager promoting Amazon Prime Student benefits at YSU.

Thomas hosted a debut event with an informational Amazon table in Kilcawley Center, where she gave away coupons for textbooks and raffle entries for an Amazon Echo Dot.

She also attends student organization meetings and has promoted the program in several classes.

Working with different marketing firms allows Thomas to gain skills relevant to her field while also working toward her degree.

Thomas said her role as campus manager leaves her in charge of marketing the brand and promoting what advantages are available for YSU students.

"What my position entails is a lot of marketing here on campus," Thomas said. "I talk about Prime and what the benefits are. So far I've promoted fast, free delivery and Alexa."

Through the Amazon Prime Student membership, students can receive a six-month free trial, free two-day shipping, discounted rates and access to Prime Video.

Thomas promotes the benefits of the membership every few weeks. She will be covering two other features this semester and three in the spring semester.

Riddle & Bloom will provide Thomas with coaching and developmental support, marketing and leadership experience and resume-building opportunities.

Morgan Fisher, a junior psychology major, said she is interested in Prime membership as a college student to help reduce the cost of textbooks.

"It's really helpful for a more affordable education," Fisher said. "As students know, [college] can be really expensive, especially textbooks, and Prime helps reduce the cost."

Fisher said that the program brings excitement and new opportunities to campus.

"Hannah was really excited to tell everyone about the program," Fisher said. "She held a raffle for an Echo Dot and gave us coupons and deals."

Ian Ward, a sophomore biology major, said the program brings a positive atmosphere to the student body at YSU.

"Hannah brings a whole new energy to campus," Ward said. "I hope the ambassadors start a whole new wave of exciting deals and opportunities for students."

Ward said although he has known about the program for a while, he is excited about the benefits.

"I found out about it a long time ago when it first came out," Ward said. "It has so many benefits and special deals for students. It's really cool."

Thomas said she hopes the program continues to grow on campus each year.

"We are going to have reps on campus, always," Thomas said. "We are hoping to just spread the news about how great Prime is ... anything you really need, Prime is gonna be there for you."



Hannah Thomas, a junior business administration major, promotes Amazon Prime Student benefits in Youngstown State University's Kilcawley Center. Photo by **Abigail Cloutier/The Jambar**

YSU STUDENTS ON CHANGING MAJORS

MARIA ELLIOTT JAMBAR CONTRIBUTOR

Thirty percent of college students change their major at least once within three years of enrollment, according to a 2017 study by the National Center for Education Statistics.

Justin Edwards, director of the Office of Career and Academic Advising, said students changing their major is a common occurrence at Youngstown State University.

Jarrod Kaminski, a senior telecommunications and sports broadcasting major, has changed his major three times since he started college.

Kaminski started out as a computer science major and hoped to find a job in information technology after graduation. However, he had friends working in IT who told him finding internships was difficult.

"That was a big concern," he said.

Kaminski said he wasn't willing to move from the Youngstown area to find a job in IT, so he moved on to business management.

"I switched to business because I thought that was the norm," he said. "I figured I could find a job easily."

Kaminski changed to a telecommunications and sports

broadcasting major when he realized he could turn his passion for sports into a career.

He said it is rare for high school students to have a career path planned for their future.

"When you're coming out of high school, you don't really always exactly know what you want to do," he said.

According to Edwards, changing majors can be viewed negatively by some, but he believes that it's a positive part of the college experience because students have the opportunity to find a learning path that better suits them.

Halle Van Scoy, a senior financial management major, has also changed majors three times. She participated in YSU's "senior to sophomore" program before she attended college.

Coming into college, Van Scoy was interested in nursing.

"I thought nursing was going to be it for me," she said.

She switched to a marketing major next after realizing that her nursing classes weren't a good fit and she didn't enjoy some of the curriculum, such as chemistry.

Van Scoy chose marketing because she comes from a family with a background in business, and she thought it was a basic major to get her started in the job field.

She then landed on a financial management major.

"I like working with money," she said. "I figured I'd get a good education in learning how money works in business."

Still, Van Scoy said she wishes she had done some things differently throughout her college career.

"If I could go back, I definitely would have chosen human resources," she said.

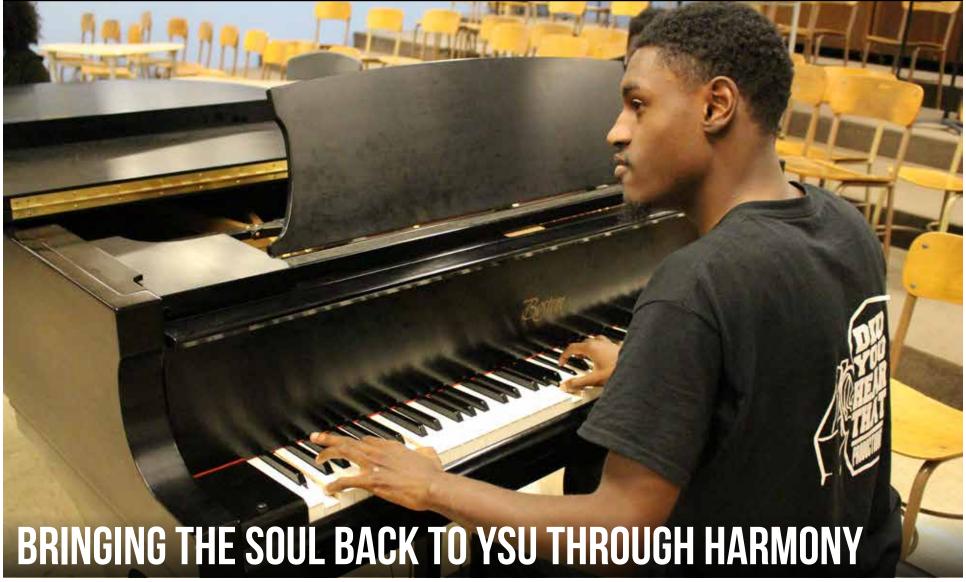
Van Scoy said she wishes she would have met with her adviser more in her freshman year and that she had been asked how she felt about her classes at the time.

She said she believes students would feel more comfortable switching majors earlier if they had help evaluating their options.

Edwards said he encourages students to visit an exploratory adviser to learn how their strengths will fit into academic majors.

"Investing in your personal development starts with learning about who you are and then matching that with opportunities that are energizing for you," he said.

The Office of Career and Academic Advising offers a variety of resources, including mock interviews, career counseling and exploratory advising for majors. The office is located on the second floor of Jones Hall and is open from 9 a.m. to 4 p.m., Monday through Thursday.



Jaron LeGrair, instructor of Youngstown State University's new Gospel Choir, conducts a soulful gospel warmup. Photo by Frances Clause/The Jambar

FRANCES CLAUSE

Hand clapping and foot stomping isn't standard in most choirs, but with the revival of Youngstown State University's gospel choir course, these actions are the rhythmic accompaniment the group needs for success.

Jaron LeGrair, a new addition to the Dana School of Music's faculty, said he was excited to begin his first year at YSU with the opportunity to teach this course as well as musical theatre voice courses.

"I think gospel choir, as opposed to other choirs, [has] a lot more raw emotion," he said. "It's very organic, very on-the-spot, very improvisational."

LeGrair said people have a different type of experience in gospel.

"I think that's why people are so drawn to it," he said.

LeGrair, owner and founder of Jaron M. LeGrair Studio, sang as a soprano in his church's children's choir and continued to sing gospel music as he grew older. Although he branched off into other genres, gospel always had a place in his heart.

"Before I was doing classical [music], musical theater,

anything, I was 3 years old singing leads in church," he said. "My main thing is gospel because it's what I believe in and what I love to sing."

The students enrolled in the course range from those that are unfamiliar with the genre to students who have also sung gospel in their church's choirs for years.

"I'm trying to find ways to include everybody. I actually had a bass [vocalist] who sings with us," LeGrair said. "Usually in gospel choir, there's not a bass part. I want him to feel special in the choir, so I make sure I teach him his own part."

He said having more voice parts just means more harmonies to enhance the group's sound.

A contributor to the gospel choir's sound is Carvell Austin, a sophomore music education and piano performance major, whose piano playing can be heard accompanying the voices of the group.

"What made me want to take this course is I think it's something different for YSU, and now that they've brought one back, it gives me some sort of way to be an example of Christ in school," he said.

Austin has been singing gospel music his whole life at his church and feels that the genre enhances his overall musicianship.

Malik Montgomery, a sophomore music recording major, said he also grew up in a church atmosphere and believes gospel music is another way to express oneself.

"I know some people, they tell you to give praise to God, and some people don't know how to do that," he said. "So gospel music opens that door to have a way to give your praise."

Both students also perform with the Dana Chorale and have to be disciplined to switch from a classical style to gospel style.

"Gospel music definitely has a lot of key changes and chromatic notes, and you have to memorize them," Montgomery said, comparing stylistic differences between the two genres.

But regardless of the challenges that can come with gospel's different style, LeGrair encourages people of different backgrounds and majors to join for the next semester.

"We have fun in here, we smile, we laugh, we joke," he said. "We want more people in here to get us engaged and going for the spring."



The Kitchen Post is located in the Erie Terminal building on the outskirts of downtown Youngstown. Photos by Heather Newsome/The Jambar

MADISON NALBACH

The Kitchen Post, located in downtown Youngstown just a few blocks from Youngstown State University's campus, made its mark as one of Ohio's "must-stop" dining options.

The restaurant is known for its unique meal selections and aesthetic atmosphere.

According to an article from the Cleveland Scene titled "The 31 Essential Ohio Destination Restaurants Worth The Trip," The Kitchen Post made the list due to its "simple menu with refined taste. Menu highlights include crab toast, BBQ brussel sprouts and a fried chicken sandwich."

The Kitchen Post is known for its "delicious breakfast taco, chicken and waffles or spectacular pineapple upside down pancakes," the article stated.

The restaurant has been recognized in the Youngstown area through its social media platforms with over 5,000 followers on Instagram, nearly 8,000 likes on Facebook and a 4-star review on Yelp.

Linda Fowler, co-owner of The Kitchen Post, said very little advertising is used to promote the restaurant, and they have a strong customer foundation.

"We don't advertise. Basically we have a loyal following and except for social media and referrals, that's where we get most

of our business," Fowler said. "Any new activity we get here is from social media, people following and liking reviews."

Fowler said the building space used to house The Kitchen Post allows for more opportunity to grow the business.

"This place offers a space that we didn't have [previously], and we are able to do on-site catering and have a bar," Fowler said.

Community members go to the restaurant to enjoy Taco Tuesday nights, \$5 Fridays and homemade ramen that takes around 18 hours to cook.

The restaurant also supports breweries in Youngstown, supplying local beer options on tap while the menu changes every 10 weeks with new creations for customers to order.

According to Emily Buist, bar manager at The Kitchen Post, the largest crowd appears during the weekends.

"I've been working with The Kitchen Post for almost three years ... Saturday and Sunday brunch is definitely the busiest; there's lots of mimosas and bloody marys," Buist said. "We're constantly moving and constantly doing different things."

Isabella Adkins, a freshman history major, said The Kitchen Post provides a place for students to come eat and hang out during the day.

"I've been a fan of The Kitchen Post before even going to school," Adkins said. "I would come down with friends and

just hang out. It's a really cool space and has lots of good vibes." She said The Kitchen Post gives her a place to study and take a break in between classes.

"It's such a cool place with good food," Adkins said. "It's a good place to sit, study and get some work done, or just hang out with some friends and catch up."

The Kitchen Post will establish a delivery system soon in hopes of expanding business by reaching more customers and YSU students.





Frances Clause and Mac Pomeroy wear their favorite thrift finds from Mel's Habitat and Goodwill. Photo by Cailey Barnhart/The Jambar

MAC POMEROY

Throughout my short 19 years of life, I have had two constant loves: Dwayne Johnson and saving money.

Especially since I was a teen, I have always paid close attention to the price tag on my clothes. I wanted to make sure I got the most with my allowance.

However, regardless of price, I still wanted to dress well. Now that I'm in college, I'm glad that I learned this early.

For some people, college is the first time they need to watch their budget in order to support themselves. Balancing bills, groceries and rent can be difficult.

On top of all of that, you still need to wear clothes every day. Typically, when people think of cheap or affordable clothes, they automatically assume it won't be good. People often picture ragged, low quality, out of style bargain pieces. This is far from the truth.

You just need to know where to go.

One key to getting fashion on a budget is thrift shopping. Some common stores are Goodwill and Salvation Army, while local stores include Mel's Habitat, The Encore Shop and Mr. Darby's.

For bigger stores like Goodwill, clothes are more difficult to sift through. They tend to separate adults' clothes from children's and men's from women's, but that's it. Other than the general organization, racks tend to be covered in clothes of different styles and eras.

But this can allow for some fun finds. For example, a few months ago I was looking at sweaters in Goodwill. I jokingly tried on a long burgundy plaid cardigan with shoulder pads from the '70s. I ended up absolutely loving it, so I bought it for \$3, and it's one of my favorite pieces.

Another great alternative is to check what I call secondchance stores.

These stores aren't thrift stores; the clothes were never worn. Instead, these stores include Marshalls, T.J. Maxx and Gabe's. These stores sell clothes that didn't sell in the original retail store; now they are at a new location for a second chance.

While occasionally there is an item that you look at and

understand why it didn't originally sell, this isn't the case for most items. Most of the clothes were probably overstocked items.

These stores often have more than just one of an item, so you have a much better chance of being able to find your size.

If you don't like the random styles of these second-chance stores and would prefer to shop at the direct retail stores, then sales and clearance racks are your best friend.

The sales racks are also super useful, depending on the timing. Typically, clothes will go to clearance when their intended season is over. You can get shorts in autumn, thick jackets in spring and cardigans in the summer. Just make sure to time it.

Looking good doesn't have to cost a ton of cash. With a bit of planning and some patience, you can get some stylish clothes for a great price. Then you take that money and spend it on what matters most, like getting a shirt with Dwayne Johnson's face on it.



Local experimental artist Griefshark performs at Penguin Productions' debut Concert Series at The Hub in Kilcawley Center Sept. 12. Photo courtesy of Morgan McGowan

CAILEY BARNHART

Penguin Productions is the student organization responsible for bringing large-scale events such as Fall Fire Fest and Federal Frenzy to downtown Youngstown.

But what students may not know is that between these two events, local and upcoming artists are performing frequently on campus.

The organization kicked off the start of its yearly Penguin Productions Concert Series at The Hub in Kilcawley Center Sept. 12, featuring synth-pop artist Emily Reo and local experimental artist Griefshark.

Reo is an artist, performer and sound engineer from Brooklyn, New York. She describes her sound as "dream pop" and draws inspiration from Beach House, Broadcast, Blink-182 and Weezer.

Reo began her musical journey when she was 9 years old because a friend persuaded her to go to theater summer camp. She had to know how to play piano for a role she wanted.

"So, I lied and said that I could [play piano], and then I had to learn," she said.

Tre Mastran, who performs as Griefshark, describes his sound as "experimental electronic."

"I've been working on [the sound] for many, many years. It's gone through a lot of changes and different names, but this is the most recent and final iteration. I'm finally starting to get all my ducks in order as far as the sound I want," he said.

Mastran lists Radiohead, indie music, EDM and low-fi hip-hop as his biggest sources of inspiration.

"I started playing music probably when I was 15, and then I really started to get serious with it when I saw Van Halen live in concert," he said. "They're incredible musicians, and I just always wanted to reach that greatness and grandeur."

He said reaching that level of musicality doesn't seem achievable in today's scene, but he can dream.

Alli Marado, senior marketing management major, is the Concert Series leader this year, as well as the operations leader for Fall Fire Fest.

"Concert Series shows are our smaller events on campus. We get lesser-known touring bands to come to the university or other local venues to do performances for us, and we also include a local act," she said.

Marado said these shows are more hands-on and include being involved in an entire day's events.

"We go through rosters, find bands in our price range, work with Forty Two Event Production to get our sounds and lights and all that fun stuff in," she said.

While all members of Penguin Productions work on larger events, a smaller group puts together the Concert Series.

Sarah Dubos, senior theatre studies major, was the event leader for the Emily Reo show as well as the outreach leader for Fall Fire Fest.

"For each event, it's a lot of little aspects that go into making the whole event. It's a lot of the nitty-gritty things that [people] wouldn't normally think to do, and we take care of them," she said. "We each get our own individual job to do and then eventually it all comes together."

The next Concert Series is Nov. 7 at Butler North Church and features Mikaela Davis and Hayden Brooke.

The Fall Fire Fest is Oct. 10 in the M-71 parking lot. Topaz Jones will headline the event and local openers will be announced soon.

The Youngstown State University community received emails Tuesday and Wednesday saying the university is experiencing an intermittent wireless network outage. Screenshot of YSU email from **Rosalyn Donaldson**.

WI-FI WAVERS AGAIN AT YSU

You're sitting on your laptop in your dorm room at 11 p.m., working to finish an assignment that is due at 11:59 p.m., but Blackboard isn't loading — the Wi-Fi is down.

You scramble to do whatever you can to make it work, but you're out of luck.

This has been the story for numerous Youngstown State University students that live on and off campus, which has resulted in late assignments, points deducted and overall frustration.

Danny Madorno, senior telecommunication studies major, said the Wi-Fi issues are recurring.

"I've had issues with my devices connecting and disconnecting all semester so far," he said.

The university has a responsibility to ensure that students have access to the tools they need while on campus.

Although students have access in on-campus computer labs, not being able to connect on their phones to respond to professors' emails or use their laptops to work with classmates on a group project between classes is frustrating.

More often than not, on-campus computers turn out to

have unresponsive Wi-Fi connections, creating an "at-a-loss" feeling for many students.

In Madorno's opinion, students appear to spend more of their income on online resources versus the traditional textbook cost. This is absolutely true.

"Half the time it's not even the books that cost us our weekly paychecks, it's the online codes that do," Madorno said. "So, how about they show some courtesy and make sure their Wi-Fi works?"

Not only do students have to pay for online codes, but if a student is enrolled in an online class, he or she must pay a \$100 distance learning fee.

Not knowing when the Wi-Fi connection will return to normal, or return at all, leaves an unsettled feeling among the student body.

Online resources are used to aid students. They are necessary to complete most courses whether it's through email correspondence, online textbooks, online resources like YouTube, Blackboard, online certificate programs and more.

This also becomes a problem in the classroom when instructors are relying on technology to teach their class.

"One of my music professors who uses YouTube for listening examples during lessons gets very frustrated because she loses half of the examples she wants to show us because they require internet," Madorno said.

In today's society, having a receptive Wi-Fi signal is a necessity for students to complete class work and make it through each semester of their college education.

Frankly, we can't survive without Wi-Fi. This is the reality we live in.

The university should address this issue in a better manner. A simple email doesn't do enough. The YSU community deserves to know why its internet connection was lost.



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HELP WANTED

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OTHER

NEED BIRTH CONTROL, PAP SMEAR, STD TEST? PREGNANT?

Dr. Hill, 1350 Fifth Ave., near YSU campus, all insurances, walk-ins. Mon-Sat - 330-746-7007, askthedoctor@aiwhealth.com, answered confidentially.



Jaworski took photos with and signed autographs for the attending students after his presentation. Photo by **Brian Yauger/The Jambar**





Midlothian Free Health Clinic

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Youngstown, Ohio 44503

Free Medical Clinic Services every 2nd and 4th Thursday of the month 5:30pm-8pm, appointment is required:

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- Medical services for individuals without health insurance:
 - Dental, diabetes clinic, prescription assistance, STD/HIV clinic, vision, social work, dietitian, exercise, physical therapy, respiratory care, mental health

Social Work Services Tuesday, Wednesday, Thursday 9 am-4 pm:

**note every 2nd and 4th Thursday 3pm-8pm

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Justus Reed, senior defensive end, on the field for warmups. Photo by **Brent Bigelow/The Jambar**

CHRISTINA SAINOVICH JAMBAR CONTRIBUTOR

The Youngstown State University football team is off to a dominant start this season due in part to the many transfer athletes that are part of the program.

Four of the Penguins' starters didn't begin their collegiate athletic careers at YSU but will finish them at the university.

YSU, being a Football Championship Subdivision school, is the ideal landing spot for many transfer players. Any athlete coming from a Football Bowl Subdivision school does not have to sit out a year due to the transfer rule.

Defensive Coordinator Donald D'Alesio said with the transfer portal being relatively new, the coaches will look into it more.

"Now, we will look into the transfer portal just for guys or positions that we feel are a big need," D'Alesio said. "We will now start to use the transfer portal a little bit."

Justus Reed, senior defensive end, spent his first two years at the University of Florida.

A coaching change for the Gators pushed Reed to transfer, and when he found out his former teammate Alvin Bailey was playing for the Penguins, his decision was made. Reed said the football tradition and coaching staff made YSU the perfect landing spot for him.

"I wanted to play; I didn't want to sit out. I just wanted to get on the field," Reed said. "So, when I found out Coach Bo was here, and I found out that Alvin was here, it was a done deal."

Reed said the transfers are very important to the team's success this season.

"We've got Zaire [Jones], who came in balling out, playing really well. He's really important. We've got Matt Jones, who's really important."

Zaire Jones is yet another transfer to start for this YSU team immediately. He transferred from Vanderbilt University after last season and has quickly made a name for himself with two key interceptions in the first game of the season.

Matt Jones, graduate transfer center, is from the Youngstown area. He spent the first four years of his career at West Virginia University before transferring home to play his final year of eligibility.

"It's home. I guess I could have went anywhere, but this is where I started watching football; this is where college football started for me," Matt Jones said. Jones hopes to continue his football career after YSU in the NFL.

Sophomore kicker Colten McFadden, son of former NFL player and YSU Foundation President Paul McFadden, said community support is also a big draw for players looking into YSU when trying to make their transfer decision.

McFadden is another local product who has returned home to play football.

McFadden spent two years at Kent State University and said he learned a lot in his time away. He is excited to be back in front of his hometown.

"You get to play in front of this town, this community. I grew up here, and it's just been something I've always wanted to do," McFadden said.

While transfers do make up a big part of the starters for the Penguins, the players say they are no more important than the rest of their teammates.

"I don't look at it as a transfer role. I mean we are all part of this team together. We're all one," said McFadden.

IT'S (OFFICIALLY) ALMOST BASKETBALL SEASON

BRIAN YAUGER

With the men's and women's basketball teams officially unveiling their schedules, it's almost basketball season once again at Youngstown State University.

Both teams have posted their nonconference schedules, and there's plenty to be interested in.

Big Name Opponents

The men's team faces two Power Five schools this season.

After opening the season against Thiel College, the Penguins travel down to the University of Louisville to take on the Cardinals. Right before Christmas, a basketball powerhouse will square off against YSU at the Covelli Centre as West Virginia University comes to town.

Last season the Penguins faced three Power Five programs: the University of Pittsburgh, West Virginia, and the Ohio State University and lost all three. They had success against Ohio State early before losing the game 75-56.

Ladies MAC-tion

The women's team has a slate of matchups against Mid-American Conference teams. First, the team welcomes Kent State University in its second game of the year. Later on in the month it hosts Eastern Michigan University and travels to the University of Akron.

Last season, the Penguins split their time against the Mid-American Conference with a win against Akron and a loss against Kent State.

All Warmed Up

The Penguins played three games in the U.S. Virgin Islands in August to prepare for the year. They beat the U.S. Virgin Islands' all-star team and beat a top Canadian program in the University of Calgary twice.

The games were exhibition games, so don't expect to see the Penguins beginning the year 3-0, but getting some live games of basketball in can only help them when the real season starts.

Road Trip

The women's team got to play spoiler in its last regular season game against a Power Five team, beating Pittsburgh 64-55. The team looks to do it again when it makes a trip to the University of Indiana in the middle of December.

New Faces

Both benches will have some new faces this upcoming season. Chinedu Nwachukwu joins the men's program from the University of Michigan, where he worked with now-Cleveland

Another addition to the men's bench is Ethan Faulkner. Faulker is a 2014 graduate of Horizon League rival Northern Kentucky

Cavaliers coach John Beilein as the director of player personnel.

University and is in the top 10 in assists as a player there.

Joining the women's team are three new names. The new director of player personnel is Jason Pacanowski. Some fans may remember Pacanowski's name, as he was the director of operations for the men's basketball team for five seasons from 2008-2013. He was a teacher and basketball coach for nearby Beaver Local High School.

The new director of basketball operations for the women's team is Amber Reeves. Reeves is a 2017 graduate of the University of North Carolina Wilmington where she spent the last two years as a graduate assistant.

Lastly is assistant coach Autumn Rademacher. Rademacher is quite familiar with the Horizon League after spending her time coaching with the University of Detroit Mercy, where she also played in college, and the University of Wisconsin-Green Bay. She was the head coach at her alma mater from 2008-2015 and gave the team its first back-to-back 20-win seasons since the 1980s.

The 2019-2020 basketball season opens Nov. 5 with a doubleheader. The men's team opens its season against Thiel, and the women's team begins its year against Canisius College. Times are not yet announced.

PENGUINS OFF TO GREAT START

BRIAN YAUGER

For the first time since 2012, Youngstown State University football is off to a 3-0 start. The Penguins dominated Duquesne University in their second home game to stay undefeated.

While not as critical of the team as he was in the weeks prior, coach Bo Pelini still sees more that the team can work on.

"We did a lot of good things," Pelini said. "We've still got a lot to clean up, but I thought we played good football ... We're a work in progress."

One player who also thinks the team has plenty to work on is freshman quarterback Mark Waid. Waid scored his first career touchdown for the Penguins in the victory over Duquesne.

"We still have a lot of work to do on both sides of the ball," Waid said. "We just got to take care of those and just become better and better every single day. That's what it's all about: being the best person and the best player you can every single day."

Waid got the Penguins two touchdowns to open the game with his feet. He rushed for a 6-yard touchdown and a 1-yard touchdown, giving YSU a 14-0 lead.

The Penguins also found themselves in the top 25 teams in two national rankings. YSU is ranked 21st in the FCS Coaches Poll and 24th in the STATS Poll. They are one of five undefeated teams in the poll.

One major contrast between this year's Penguins and last year's is their ability to create turnovers. Through three games, YSU has intercepted six passes, which is double what the team managed through all of last season.

"That just shows how much we're improving, and hopefully we can keep getting more and more," junior defensive back Bryce Gibson said. "We're never gonna be satisfied as a defense. We're always gonna find a way to get more turnovers."

The Penguins have been playing with a three-headed monster in the most unlikely of positions: quarterback.

Starter Nathan Mays went 8-11 against the Dukes. He also ran for 63 yards and scored a touchdown. Sophomore Joe Craycraft threw one pass but made it count as it went for a 31-yard touchdown to London Pearson. The final "head" of the monster is Waid, the freshman from nearby Girard High School who ran for two touchdowns.

"A lot of hard work has gone into this for the entire team," Waid said. "Just to be 3-0, that's our number one priority, and now we're building for 4-0 ... We're really motivated and we know what our end goal is."

There's no game this week, but the Penguins get back on the field on Sept. 28 when they welcome Robert Morris University.

It's their first of two home night games, with kickoff at 6 p.m.

Penguins tailback Joe Alessi is glad to get the rest before the team's toughest matchups begin.

According to the Sagarin rankings, the Missouri Valley Football Conference is the toughest in the FCS.

"The bye week, the way it is right now — it's beneficial for us," Alessi said. "It's almost right before conference. It's a good little rest before conference because our conference is a tough one to play in. It'll be good for us."



The Youngstown State University captains walk out on the field prior to their game against Duquesne University Sept. 14. Photo by **Brent Bigelow/The Jambar**



49ers starting quarterback Jimmy Garoppolo warms up during an individual period at Farmers National Bank Field. San Francisco practiced on the campus of Youngstown State University in between week 1 and week 2 of the NFL season. Photo courtesy of **Robert Hayes**

BRIAN YAUGER

Before their week two matchup against the Cincinnati Bengals, the San Francisco 49ers made a stop in the Mahoning Valley, practicing on the soccer field at Youngstown State University.

"Everything has been perfect," 49ers coach Kyle Shanahan said during the team's press conference on campus. "We just need a football field. Even though we were on a soccer field, it was lined with football lines, so that makes it a football field."

The team used the soccer field to avoid scheduling conflicts with YSU's football team and the marching band.

For those unaware of the Youngstown connection to the San Francisco 49ers, Edward DeBartolo, who was born and raised in Youngstown, purchased the team in 1977, and the team has been a family affair ever since.

The team is now owned by Denise DeBartolo York and her husband John York with son Jed York serving as the team's CEO.

Penguins coach Bo Pelini has ties to the organization, being hired as the defensive backs coach in 1994, which was his first gig in the NFL.

"I have great memories of my three years there," Pelini said during the weekly press conference. "There's always a special place in my heart for the 49ers. From 'Mr. D' [owner Edward DeBartolo Jr.], what he brought to the table, I had the opportunity to get my career started ... I think I speak for most people in the area; we wish them well every single week."

On that same staff, which won the 1995 Super Bowl in Pelini's first year, was then-offensive coordinator Mike Shanahan, the father of current 49ers head coach Kyle Shanahan.

"I don't know Kyle well, but I coached with his dad," Pelini said. "It makes me feel old because Kyle was a kid when I was coaching there. He's done a great job and it doesn't surprise me. His dad was as good of a football coach as I've ever been around."

Cornerback Richard Sherman said though not being at home has been tough for his kids, it's been great for the team.

"My kids aren't happy; they think I abandoned them, but it's worked out in terms of the team and getting prepared, getting our bodies adjusted to the time zone," Sherman said. "I think that's why we're staying here, and I think that's been really

effective, but the family's not going to be happy about it."

One thing Youngstown is known for is its food. Tight end George Kittle was glad to be back in the Midwest for the food selection.

"It's fun for me to be back in the Midwest," Kittle said. "You have every chain restaurant you could possibly want. I got Cane's. I got Panda Express. I'm not saying I've eaten at all of them, but I could eat at every chain restaurant. I love it. It's a little homey."

49ers quarterback Jimmy Garoppolo was impressed by the local selection, singling out the area's Italian food.

"It's been good [in Youngstown]," Garoppolo said. "I had some good Italian food that's been phenomenal. I got some good ice cream last night, which was fun. Youngstown has been nothing but a good time."

The stay in Youngstown must have been a very good time, as the 49ers came out energized in week two. San Francisco won their matchup against the Bengals in dominating fashion, beating Cincinnati 41-17.